KEEP OUT OF REACH OF CHILDREN

Ugo Leg Bags	CE 2797
Ugo 10 2L Drainage Bags	CE
Ugo Fix Leg Bag Straps	CE
Ugo Fix Gentle catheter clip	CE
Ugo Fix Catheter Strap	CE
Ugo Hanger	CE



EU REP

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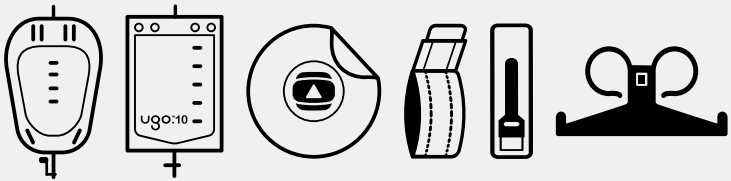
Australia sponsor:
Optimum Medical Australasia Pty Limited,
Level 4, 470 Church Street, North Parramatta
New South Wales, 2151, Australia

U4W-IFU-Aug26-V6.0

ugo.™ 4 weeks

INSTRUCTIONS FOR USE

PAPER ONLY



optimummedical®

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PRODUCT REF / CONTENTS

PR. REF	Product Description	Leg Bag	Other components
3014	Ugo 4 Weeks	Ugo 1C	Ugo 10, Ugo Fix Gentle
3015	Ugo 4 Weeks	Ugo 2C	Ugo 10, Ugo Fix Gentle
3034	Ugo 4 Weeks	Ugo 1C	Ugo 10, Ugo Fix Catheter Strap
3035	Ugo 4 Weeks	Ugo 2C	Ugo 10, Ugo Fix Catheter Strap

The **Ugo 4 Weeks** is a procedure pack, which contains all the urinary drainage bags and fixation devices required for four weeks.

Each **Ugo 4 Weeks** pack contains:

4 x Ugo Leg Bag - **Ugo1C** – short tube (5cm), 500mL, lever tap **OR**

Ugo2C – long tube (25cm), 500mL, lever tap

28 x **Ugo 10** 2L Drainage Bags (non-sterile, single use T tap)

4 x pair of **Ugo Fix Leg Bag Straps**

4 x **Ugo Fix Gentle** catheter clip **OR**
Ugo Fix Catheter Strap

1 x **Ugo Hanger**

This is a Product Information Leaflet for the user.

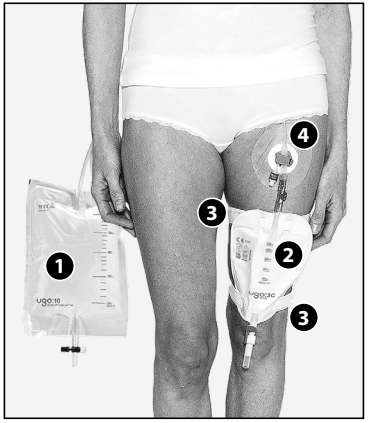
The **Ugo 4 Weeks** has been recommended/prescribed for you by a Healthcare Professional.

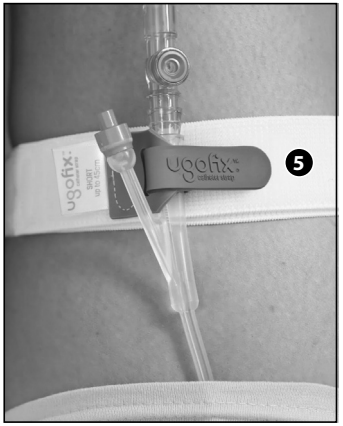
Do not share it with anyone else.

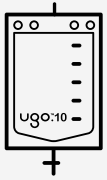
Read all of the product information leaflet prior to use and retain for your information.

If you are unsure about how to use this product, or whether it is suitable for you, please seek medical advice.

THE UGO 4 WEEKS CATHETER DRAINAGE SYSTEM







1 **Ugo10**
2L Drainage Bag



2 **Ugo 1C** Leg Bag **OR**
Ugo 2C Leg Bag



3 **Ugo Fix**
Leg Bag Straps



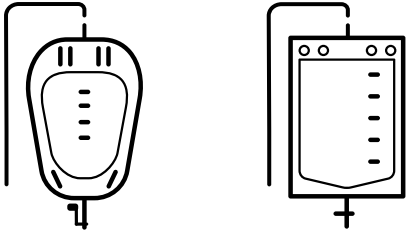
4 **Ugo Fix Gentle**
catheter clip



5 **Ugo Fix**
Catheter Strap

ugo.™ leg bag

ugo.™ 2L drainage bag



The **Ugo 4 Weeks** has 2 variations of **Ugo Leg Bag** to choose from:
Ugo 1C (5cm short tube, 500mL, lever tap) OR
Ugo 2C (25cm long tube, 500mL, lever tap)
Your **Ugo 4 Weeks** contains 28 x **Ugo 10** 2L Drainage

PRODUCT DESCRIPTION

The **Ugo Leg Bag** can remain attached to your catheter for up to 7 days. The leg bags are sterile pouched packaged and have a needle free sample port.

The **Ugo 10** can only be drained once and is suitable for link drainage only.

Only use the urine bags if they have been prescribed for you by a healthcare professional and you (or your carer) have the ability to change, empty regularly and care for them.

INGREDIENTS/COMPOSITION

- PVC - bag, inlet tube, outlet tube, non-return valve, sample port
- Polypropylene - lever tap body
- Polyethylene - lever and sample port cap
- Silicone – tubing
- Non-woven fabric backing (**Ugo 1C** and **Ugo 2C**)

INTENDED PURPOSE

The urine bags are for the collection, storage and drainage of urine. They are suitable for use with indwelling urethral and suprapubic catheters and male urinary sheaths.

INTENDED USER

The intended users of the urine bags are patients with an indwelling urethral catheter, suprapubic catheter or urinary sheath system, their carers and Healthcare Professionals.

CONTRAINDICATIONS

Do not use the urine bags unless you have been assessed as suitable by a Healthcare Professional and they have been recommended for you;

Do not use the urine bags if you are sensitive or allergic to any of the device materials.

WARNINGS AND PRECAUTIONS

- It is recommended that the urine bags are used in line with local healthcare policies and procedures following a patient assessment by a Healthcare Professional.
- Ensure that the **Ugo Leg Bag** and **Ugo 10** are suitable for the intended use and are compatible with other medical devices to be used in conjunction with them.
- Only use the urine bags if you (or your carer) have the ability to operate them at regular intervals and can remember to do so.
- You should only disconnect your urine bag from your catheter when you need to change it. Disconnecting the system unnecessarily increases your risk of introducing infection.
- Volume markings on the urine bags are for guidance only and not for accurate measurement of urine.
- It is important that your urine bag is positioned below the level of your bladder and to check regularly that your catheter and drainage tubing are not twisted, and urine is draining freely.
- Always ensure the drainage tap of the urine bag is not touching the floor.
- When emptying and changing your urine bags, it is important that you do not touch the ends of the catheter or stepped connector, as this increases your risk of introducing infection.
- Always support the weight of your catheter when fitting the urine bag.
- Never washout and reuse a urine bag under any circumstances.
- The urine bags are not made with natural rubber latex.
- Do not use the urine bags if they are damaged or soiled.
- Do not use if the packaging is damaged or unintentionally opened prior to use.
- Keep out of reach of children.

The urine bags are single-use devices. Re-use of these devices may result in patient infection / cross-contamination. Re/sterilisation, reprocessing, cleaning and disinfection may also compromise the product characteristics, resulting in trauma or infection to the patient.

UNDESIRABLE SIDE EFFECTS

There may be an increased risk of complications from using the urine bags if you have decreased sensation or if they are not suitable for you (see warnings and precautions). Seek help from your Healthcare Professional immediately if you experience any of the following when using the urine bags:

- Feeling unwell, high temperature, nausea/vomiting;
- Feeling of any pain or discomfort;
- Urine leaking around your catheter;
- Urine not draining into the urine bag;
- Cloudy or foul-smelling urine;
- Blood seen in urine;
- Changes to urine colour and volume.

In rare cases, local irritation/hypersensitivity reactions may occur such as redness, itching or blistering. If this occurs, stop using the urine bags and consult your Healthcare Professional. Any serious incident or malfunction that has occurred in relation to the urine bags should be reported to the manufacturer and the Competent Authority of the Member State in which the user and/or patient is established.

HOW TO USE

Consult your Healthcare Professional for advice on where to wear your urine bag. Always wash and dry your hands before any after handling your urine bag. If someone else is handling your urine drainage bags, they must wash and dry their hands and apply a clean pair of gloves on

every occasion to avoid cross infection.

Warning! - Make sure your catheter and drainage tubing are not twisted and urine is draining freely after each episode of use.

HOW TO ATTACH YOUR UGO LEG BAG TO YOUR CATHETER

- Wash and dry your hands (if a carer is changing the leg bag for you, they must apply a clean pair of gloves after drying their hands).
- Remove any straps or sleeve which are supporting your **Ugo Leg Bag** to your leg.
- Open the pouch packaging for a new **Ugo Leg Bag** and remove the protective cap from the leg bag stepped connector.
- Detach the old leg bag from the catheter and immediately insert the stepped connector from the new leg bag ensuring an adequate seal (the leg bag is supplied in the closed position).
- It is important that you do not touch the ends of the catheter or leg bag connector during the change (non-touch technique)
- The discarded protective cap from the new **Ugo Leg Bag** can be attached to the stepped connector of the old leg bag.
- Apply your leg bag fixation and support devices and adjust to ensure optimum drainage and comfort. If using the **Ugo Fix Leg Bag Straps** provided, follow the instructions on how to fit in the **Ugo Fix Leg Bag Straps** section.
- Empty the urine from your old leg bag into the toilet and dispose of the bag as recommended by your nurse.
- Wash and dry your hands.

HOW TO EMPTY YOUR UGO LEG BAG

- Wash and dry your hands (if a carer is emptying your bag for you they must apply a clean pair of gloves after drying their hands).
- Hold the outlet tap over a toilet or suitable receptacle.
- Open the tap by sliding the T tap or pushing the lever tap down.
- Allow the bag to drain completely then close the tap.
- Dry the end of the soft silicone outlet tubing with a clean wipe if necessary.
- Wash and dry your hands.

WARNING! NEVER RECONNECT A USED LEG BAG
KEEP OUT OF REACH OF CHILDREN

If your urinary drainage system is not draining urine and/or you are in discomfort or feeling unwell, contact your nurse or doctor immediately.

HOW TO ATTACH AND REMOVE YOUR UGO 10 (link drainage)

The **Ugo 10** can be connected to the soft silicone outlet tube on the end of your **Ugo Leg Bag** (this is known as link drainage). It is advised that you remove your **Ugo 10** Drainage Bag when you are mobile and no longer in bed.

ATTACHING YOUR UGO 10

- Remove any straps or sleeve which are supporting your **Ugo Leg Bag** to your leg;
- Remove the protective cap from the **Ugo 10** stepped connector;
- Insert the stepped connector from the **Ugo 10** into the soft silicone tubing on the **Ugo Leg Bag** (ensure an adequate seal);
- Attach the **Ugo 10** to the **Ugo Stand** or **Ugo Hanger**;
- Open the lever tap on your **Ugo Leg Bag** to allow immediate and continuous drainage into the **Ugo 10**.

REMOVING YOUR UGO 10

- Close the lever tap or T tap on your **Ugo Leg Bag**;
- Disconnect the **Ugo 10** from the soft silicone tubing on your **Ugo Leg Bag** (make sure the silicone tubing is not disconnected with the bag and remains attached to the **Ugo Leg Bag**);
- Apply your leg bag fixation and support devices and adjust to ensure optimum drainage and comfort;
- Empty the urine from the used **Ugo 10** into the toilet or clean receptacle and dispose of the bag.

STERILE DEVICES

All the **Ugo Leg Bags** are supplied sterile. Sterilised by ethylene oxide after the packing process. Do not re-sterilise.

The **Ugo 10** is supplied non-sterile. Do not sterilise.

STORAGE AND HANDLING

Keep dry. Keep out of direct sunlight. Unopened packs have a 5-year shelf life. Do not use after expiry date.

DISPOSAL

The urine bags must be disposed of according to local policies and waste disposal procedures, including any consumables and/or accessories used with the device.

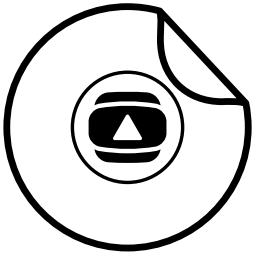
REF **1C/500/ST/L**

REF **2C/500/LT/L**

REF **10/NS/SU/DO**

All Products	
Non-sterile products	
Sterile products	

ugofix™ gentle



PRODUCT DESCRIPTION

The **Ugo Fix Gentle** catheter clip is a non-sterile, silicone-based securement medical device, used to provide fixation of a 2-way indwelling urinary catheter at the bifurcation of the catheter.

The **Ugo Fix Gentle** features a rotating clip mounted on a re-adhesive silicone gel pad. The rotating catheter clip holds the catheter away from the skin and rotates, allowing the catheter to move naturally with the motion of the body. The re-adhesive silicone gel pad is applied to the skin, providing gentle adhesion.

COMPOSITION

Description	Material Composition
Adhesive silicone	Silicone
Catheter Clip	Polyvinyl Chloride
Release liner	Polyurethane film

INTENDED PURPOSE

The **Ugo Fix Gentle** catheter clip is a medical device intended to provide securement and fixation of 2-way indwelling urinary catheters, size 8CH to 20CH. The fixation of the catheter is intended to provide comfort and help reduce the risk of trauma caused by inadvertent movement of the catheter.

INTENDED USER/S

The intended users of the **Ugo Fix Gentle** catheter clip are patients with a 2-way indwelling urinary catheter, in size 8CH to 20CH, and their carers and/or Healthcare Professionals.

CONTRAINDICATIONS

- Do not use the **Ugo Fix Gentle** catheter clip unless you have been assessed as suitable by a Healthcare Professional and it has been recommended for you.
- Do not use if you are sensitive or allergic to any of the device materials.
- Do not use on skin which is broken or inflamed.

WARNINGS AND PRECAUTIONS

- It is recommended that the **Ugo Fix Gentle** catheter clip is used in line with local healthcare policies and procedures following a patient continence assessment by a Healthcare Professional.
- Ensure that the **Ugo Fix Gentle** catheter clip is suitable for the intended use and is compatible with other medical devices to be used in conjunction with it. It may not be compatible with all 2-way indwelling urinary catheters. Check the operating instructions of the catheter in use.
- The **Ugo Fix Gentle** catheter clip is a non-sterile medical device.
- The **Ugo Fix Gentle** catheter clip is not designed to support the weight of a urine drainage bag. Always support the weight of your urine bag with an appropriate device.
- Do not disconnect your urine drainage bag during fitting of the **Ugo Fix Gentle** catheter clip. It is designed to allow fitting without disconnecting the system.
- Do not use moisturisers, moisturising soap, shower gel, wet wipes, baby wipes or talcum powder on the area of skin where the **Ugo Fix Gentle** catheter clip will be positioned, as they may affect the adhesion of the **Ugo Fix Gentle** catheter clip to the skin.
- It is important that you check your skin beneath the **Ugo Fix Gentle** catheter clip regularly, to ensure it remains intact.
- Do not shave where the **Ugo Fix Gentle** catheter clip is to be applied to the skin, as it may cause skin irritation. If necessary, any excess hair can be trimmed.
- It is important to check that your catheter is not twisted prior to insertion into the **Ugo Fix Gentle** catheter clip (see how to use) and to regularly check that your catheter and all drainage tubing are free from obstruction and urine is draining freely (see undesirable side effects).
- Do not use the **Ugo Fix Gentle** catheter clip if it is damaged or soiled.
- Do not use if the packaging is damaged or unintentionally opened prior to use.
- Keep out of reach of children.
- The **Ugo Fix Gentle** catheter clip not made with natural rubber latex.
- The device may not be suitable for all skin types.

This is a single-use medical device. Re-use of this medical device may result in patient infection and/or cross-contamination.
Sterilisation, reprocessing, cleaning and/or disinfection, may also compromise the product characteristics, resulting in trauma or infection to the patient.

UNDESIRABLE SIDE EFFECTS

In rare cases local irritation or hypersensitivity may occur. Symptoms of irritation and hypersensitivity include redness, itchiness, or blistering. If this occurs, stop using the **Ugo Fix Gentle** catheter clip and consult your Healthcare Professional and ensure patient records are updated.
There may be an increased risk of complications from wearing the **Ugo Fix Gentle** catheter clip if you have decreased sensation and if the **Ugo Fix Gentle** catheter clip has not been fitted correctly. Remove the **Ugo Fix Gentle** catheter clip immediately if you experience any of the following during or after use, and seek medical advice:

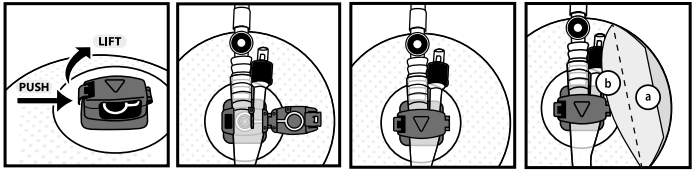
- Swelling, inflammation or discomfort of the skin.
- Lesions or broken skin.
- Urine not draining into urine bag.
- Cloudy or foul-smelling urine.
- Feeling unwell, high temperature, nausea/vomiting or in any pain/discomfort.

HOW TO USE

Consult your Healthcare professional for advice before using the **Ugo Fix Gentle** catheter clip. Always wash and dry your hands before and after handling your catheter or drainage tubing. If someone else is handling your catheter or drainage tubing, they must wash and dry their hands and apply a clean pair of gloves on every occasion to avoid cross infection.
The **Ugo Fix Gentle** catheter clip should be assessed daily and changed when clinically indicated, at least every seven days, or if the product starts to lift, becomes damaged or soiled, or shows signs of degradation. We recommend that you change your **Ugo Fix Gentle** catheter clip to suit your personal hygiene and physical needs.
The **Ugo Fix Gentle** catheter clip can be worn in the shower to support your catheter. Ensure the edges are fully adhered to the skin prior to showering and pat dry the **Ugo Fix Gentle** catheter clip with a towel.

Always support the weight of your catheter and/or leg bag when fitting your **Ugo Fix Gentle** catheter clip.

Before applying the **Ugo Fix Gentle** catheter clip to your skin it is important that you fix your catheter into the **Ugo Fix Gentle** catheter clip prior to applying to your skin.



Open clip (see illustrations).

1. Push and lift the catch to open the **Ugo Fix Gentle** catheter clip lid. Insert catheter (see illustrations).
2. Place the bifurcation (the part of the catheter where is splits into two) part of the catheter into the **Ugo Fix Gentle** catheter clip. It will only fit one way. **WARNING** - Make sure the catheter is not twisted before placing into the **Ugo Fix Gentle** catheter clip.
3. Once in place, fix the **Ugo Fix Gentle** catheter clip lid closed by gently pressing the lid down.
4. You will sense a click when the clip is closed correctly. Ensure the arrow on the clip is pointing towards your bladder.

APPLICATION OF THE UGO FIX GENTLE CATHETER CLIP TO YOUR SKIN

Now your catheter is fixed into the clip, you are ready to apply the **Ugo Fix Gentle** catheter clip to your skin. Your Healthcare Professional can advise on the most suitable position to place the **Ugo Fix Gentle** catheter clip.

5. Remove backing (A) and apply to skin in desired position.
6. Remove backing (B) and smooth in place.)

IMPORTANT - We recommend an allowance of 2-4cm slack to enable natural movement of the catheter.
If your catheter is pulling when you stand up or move around, you can reposition and reapply as necessary.

REMOVAL OF UGO FIX GENTLE FROM YOUR SKIN AND REPOSITIONING

You may want to reposition the **Ugo Fix Gentle** catheter clip between daytime and bedtime. You can wear your **Ugo Fix Gentle** catheter clip in bed and follow your usual overnight regime. Your Healthcare Professional can advise on regular repositioning of the **Ugo Fix Gentle** catheter clip.

7. Gently lift the edges of the **Ugo Fix Gentle** catheter clip adhesive until it is fully removed taking care not to allow it to stick together.
8. Reapply to skin in new position and smooth down in place.

STORAGE AND HANDLING

Keep dry and out of direct sunlight.
Unopened packs have a 5-year shelf life.
Do not use after expiry date.

DISPOSAL

Ugo Fix Gentle catheter clip must be disposed of according to local policies and procedures, including any accessories or consumables used with the device.

REF **3004**



ugofix™
catheter strap



DESCRIPTION

The **Ugo Fix Catheter Strap** is a single patient, multiple use, non-sterile, medical device for securing urinary catheters or urinary drainage bag tubing that is attached to indwelling urinary catheters or male urinary sheaths.

The **Ugo Fix Catheter Strap** consists of an adjustable elasticated strap, which is worn around the user's leg or lower abdomen and secured with hook and loop fastenings. The strap features silicone strips on the inner surface to help prevent movement on the skin. A PVC fixing strip is mounted on the strap which is used to secure the catheter or urinary drainage bag tubing in place with a hook and loop tab.

The **Ugo Fix Catheter Strap** is adjustable (cut down to size) and suitable for securing catheters or urinary drainage bag tubing up to 10mm in diameter.

The **Ugo Fix Catheter Strap** is washable and reusable.

INGREDIENTS/COMPOSITION

Silicone strip

Nylon hook

Elastic loop (polyester, nylon, spandex)

PVC Tie

INTENDED PURPOSE

The **Ugo Fix Leg Catheter Strap** is intended to provide securement for indwelling urinary catheters or urinary drainage bag tubing.

This support is intended to provide comfort and reduce the risk of injury from the weight of your urinary leg bag pulling on your catheter or urinary sheath.

INTENDED USER

The intended users of the **Ugo Fix Catheter Strap** are patients with indwelling urinary catheters or male urinary sheaths attached to urinary drainage bags, and their Carers and/or Healthcare Professionals.

CONTRAINDICATIONS

- Do not use the **Ugo Fix Catheter Strap** unless you have been assessed as suitable by a Healthcare Professional and it has been recommended for you.
- Do not use the if you are sensitive or allergic to any of the device materials.
- Do not use on skin which is broken or inflamed.

WARNINGS AND PRECAUTIONS

- It is recommended that the **Ugo Fix Catheter Strap** is used in line with local healthcare policies and procedures following a patient assessment by a Healthcare Professional.
- Ensure that the **Ugo Fix Catheter Strap** is suitable for the intended use and is compatible with other medical devices to be used in conjunction with them.
- Do not disconnect your urinary leg bag when fitting your **Ugo Fix Catheter Strap**. They are designed specifically to allow fitting without disconnecting the system.
- Always support the weight of your catheter and urinary leg bag when fitting your **Ugo Fix Catheter Strap**.
- The **Ugo Fix Catheter Strap** is not designed to support the weight of a urinary leg bag. Always support the weight of your urinary leg bag with an appropriate device.
- It is important to measure for the correct size. Allow for shrinkage after washing and drying. If the strap is too short, it can restrict circulation. (see how to use).
- Only apply the **Ugo Fix Catheter Strap** to skin which is clean and dry with no wounds or sores.
- The **Ugo Fix Catheter Strap** is elasticated. It is important that you visually check your skin regularly to ensure it remains healthy and intact and your strap is not too tight and marking your skin.
- It is important to check that your catheter or drainage bag tubing are not twisted prior to securing onto the **Ugo Fix Catheter Strap** (see how to use) and to regularly check that your catheter and all drainage tubing are free from obstruction and urine is draining freely (see undesirable side effects).
- Do not use the **Ugo Fix Catheter Strap** if it is damaged or soiled.
- Do not use if the packaging is damaged or unintentionally opened prior to use.
- Keep out of reach of children.
- The **Ugo Fix Catheter Strap** is not made with natural rubber latex.
- The **Ugo Fix Catheter Strap** is a non-sterile medical device.
- The **Ugo Fix Catheter Strap** is a reusable device. Please refer to 'How to care for your device' to ensure the product performance is maintained.

HOW TO USE

Consult your Healthcare Professional for advice before using the **Ugo Fix Catheter Strap**.

Always wash and dry your hands before and after handling your catheter or drainage bag tubing and **Ugo Fix Catheter Strap**. If someone else is handling your catheter or drainage bag tubing and catheter strap, they must wash and dry their hands and apply a clean pair of gloves on every occasion to avoid cross infection.

We recommend that you change your **Ugo Fix Catheter Strap** daily along with your catheter hygiene regime. Only change them sooner if they are damaged or soiled.

The **Ugo Fix Catheter Strap** is not waterproof; however you can still bathe and shower when wearing it to support your catheter. Replace the wet **Ugo Fix Catheter Strap** with a clean dry one afterwards.

Identify the best place to wear the **Ugo Fix Catheter Strap**.

The **Ugo Fix Catheter Strap** can be worn on the lower abdomen or the leg. The position you wear your catheter strap will depend on whether you have a urethral or suprapubic catheter, the length of your catheter and leg bag tubing, your leg bag volume and your level of mobility. (see placement options)

Ugo Fix Catheter Strap Placement Options

1. Using the **Ugo Fix Catheter Strap** at the catheter bifurcation.
2. Using the **Ugo Fix Catheter Strap** on the lower abdomen to secure a suprapubic catheter attached to a valve.
3. Using the **Ugo Fix Catheter Strap** on the leg bag tubing.

Measuring and selecting the Correct Length of the Ugo Fix Catheter Strap

Using a measuring tape, measure around the lower abdomen or leg at the position you intend to wear your **Ugo Fix Catheter Strap** and select the correct length strap.

Then using the tape measure, measure the length of the **Ugo Fix Catheter Strap** and if necessary, cut it down to size. (ensuring there is sufficient strap for hook and loop overlap).

Warning! – Do not cut the **Ugo Fix Catheter Strap** whilst it is being worn and stretched.

How to apply your **Ugo Fix Catheter Strap**

Before securing the catheter or drainage bag tubing:

1. Place the **Ugo Fix Catheter Strap** around either the leg or lower abdomen in the desired position with the two silicone lines facing down on the skin.

Ensure the strap is not too tight and the Ugo Fix strip is positioned where easily accessible.

Securing the catheter or drainage bag tubing

2. Lift the **Ugo Fix Catheter Strap** and (2a) wrap it over and under the tubing and then (2b) through the eyelet.
3. Ensure the **Ugo Fix Catheter Strap** is in the desired position and has a firm hold of the tubing (3) then secure in place onto the catheter strap using the hook and loop tab.

Warning! - Make sure your catheter or drainage bag tubing are not twisted before securing into the **Ugo Fix Catheter Strap**. Ensure the catheter is not pulling when stood up and that you are able to move around comfortably with the **Ugo Fix Catheter Strap** in place.

Removal and repositioning

It is recommended that you remove the **Ugo Fix Catheter Strap** at bedtime.

Your Healthcare Professional can advise on regular repositioning of the **Ugo Fix Catheter Strap.**

Using your urine drainage bag in conjunction with the **Ugo Fix Catheter Strap**

- Empty your urinary leg bag before it reaches 2/3 full.
- It is important that your urinary leg bag is positioned below the level of your bladder and to check regularly that your catheter and drainage tubing are free from obstruction and urine is draining freely.
- You do not need to remove your urinary leg bag from the **Ugo Fix Catheter Strap** to drain it.
- Ensure that the tap at the bottom of your urinary leg bag does not touch the floor.

CARING FOR YOUR DEVICE

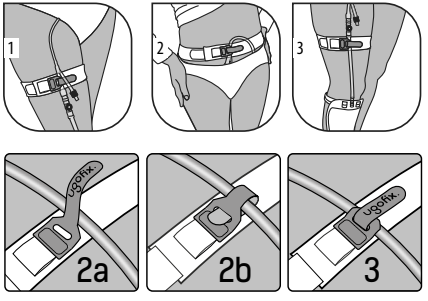
- To maintain optimum performance of the **Ugo Fix Catheter Strap** we recommend that you wash the strap at 60°C. Tumble dry on a low heat. Do not iron. Do not bleach. Do not dry clean.
- Replace the **Ugo Fix Catheter Strap** when the elasticity and support is reduced from washing and stretching.
- The **Ugo Fix Catheter Strap** should no longer be used if there are any signs of damage or degradation.

STORAGE AND HANDLING

Keep dry and out of direct sunlight.

DISPOSAL

The **Ugo Fix Catheter Strap** must be disposed of according to local policies and procedures, including any consumables used with the device.



Washing Instructions:

REF **3009**

NON STERILE MD CN LATEX

ugofix™
leg bag straps



DESCRIPTION

The **Ugo Fix Leg Bag Straps** are a single patient, multiple use, non-sterile, medical device for supporting the weight of a urinary leg bag that is attached to an indwelling urinary catheter or male urinary sheath.

The **Ugo Fix Leg Bag Straps** consist of a pair of elasticated straps, which are used to support urinary leg bags to the user's thigh, upper knee or shin, and are secured with a hook and loop fastening. The straps feature silicone strips on the inner surface to help prevent movement on the skin.

The **Ugo Fix Leg Bag Straps** measure 75cm and 45cm. They can be used as a pair or joined to form one strap and are adjustable and can be cut down to fit if necessary. They are suitable for supporting urinary leg bags from 350mL to 750mL volumes, through the eyelet holes in the top and bottom band of the urinary leg bag.

The **Ugo Fix Leg Bag Straps** are washable and reusable.

INGREDIENTS/COMPOSITION

Silicone strip

Nylon hook

Elastic loop (polyester, nylon, spandex)

INTENDED PURPOSE

The **Ugo Fix Leg Bag Straps** provide support for the weight of your urinary leg bag, allowing it to fill whilst worn on the leg, enabling mobility.

This support is intended to provide comfort and reduce the risk of injury from the weight of your urinary leg bag pulling on your catheter or male urinary sheath.

INTENDED USER

The intended users of the **Ugo Fix Leg Bag Straps** are patients with urinary leg bags attached to indwelling urinary catheters or male urinary sheaths, and their Carers and/or Healthcare Professionals.

CONTRAINDICATIONS

- Do not use the **Ugo Fix Leg Bag Straps** unless you have been assessed as suitable by a Healthcare Professional and they have been recommended for you.
- Do not use the if you are sensitive or allergic to any of the device materials.
- Do not use on skin which is broken or inflamed.

WARNINGS AND PRECAUTIONS

- It is recommended that the **Ugo Fix Leg Bag Straps** are used in line with local healthcare policies and procedures following a patient assessment by a Healthcare Professional.
- Ensure that the **Ugo Fix Leg Bag Straps** are suitable for the intended use and are compatible with other medical devices to be used in conjunction with them.
- Do not disconnect your urinary leg bag when fitting your **Ugo Fix Leg Bag Straps**. They are designed specifically to allow fitting without disconnecting the system.
- Always support the weight of your catheter and urinary leg bag when fitting your **Ugo Fix Leg Bag Straps**.
- It is important that your catheter is also secured to prevent inadvertent movement, in addition to using the **Ugo Fix Leg Bag Straps**.
- Ensure you measure around your thigh, upper knee or lower leg at the position you intend to wear your **Ugo Fix Leg Bag Straps** before cutting to length. Allow for shrinkage after washing and drying. If the straps are too short, they can restrict circulation (see How to use).
- Only apply the **Ugo Fix Leg Bag Straps** to skin which is clean and dry with no wounds or sores.
- The **Ugo Fix Leg Bag Straps** are elasticated. It is important that you visually check your skin regularly to ensure it remains healthy and intact and your straps are not too tight and marking your skin.
- It is important to check that your catheter or drainage bag tubing are not twisted prior to applying the **Ugo Fix Leg Bag Straps** to your leg (see how to use) and to regularly check that your catheter and all drainage tubing are free from obstruction and urine is draining freely (see undesirable side effects).
- Do not use the **Ugo Fix Leg Bag Straps** if they are damaged or soiled.
- Do not use if the packaging is damaged or unintentionally opened prior to use.
- Keep out of reach of children.
- The **Ugo Fix Leg Bag Straps** are not made with natural rubber latex.
- The **Ugo Fix Leg Bag Straps** are a non-sterile medical device.
- The **Ugo Fix Leg Bag Straps** are a reusable device. Please refer to 'How to care for your device' to ensure the product performance is maintained.

UNDESIRABLE SIDE EFFECTS

There may be an increased risk of complications from wearing the **Ugo Fix Leg Bag Straps** if you have decreased sensation or changes to your leg circumference (oedema) and if the **Ugo Fix Leg Bag Straps** have not been fitted correctly.

Remove the **Ugo Fix Leg Bag Straps** immediately if you experience any of the following during use and seek medical advice:

- Swelling, inflammation or discomfort of the skin;
- Pressure markings to the skin, lesions or broken skin;
- Discolouration to the skin or oedema;
- Urine not draining into urine bag;
- Urine leaking outside the catheter;
- Cloudy or foul smelling urine;
- Blood in urine;
- Changes to urine colour or volume;
- Feeling unwell, high temperature, nausea/vomiting or in any pain/discomfort.

HOW TO USE

Consult your Healthcare Professional for advice before using the **Ugo Fix Leg Bag Straps**.

Always wash and dry your hands before and after handling your catheter or drainage bag tubing and straps. If someone else is handling your catheter or drainage bag tubing and straps, they must wash and dry their hands and apply a clean pair of gloves on every occasion to avoid cross infection.

We recommend that you change your **Ugo Fix Leg Bag Straps** daily along with your catheter hygiene regime. Only change them sooner if they are damaged or soiled.

The **Ugo Fix Leg Bag Straps** are not waterproof; however you can still bathe and shower when wearing them to support your leg bag. Replace the wet **Ugo Fix Leg Bag Straps** with a clean dry pair afterwards.

Identify the best place to wear the **Ugo Fix Leg Bag Straps**.

The **Ugo Fix Leg Bag Straps** can be used to support your urinary leg bag on your thigh, upper

knee or lower leg. The position you wear your leg bag will depend on whether you have a urethral or suprapubic catheter, the length of your catheter and leg bag tubing, your leg bag volume and your level of mobility.

Measuring and adjusting the Ugo Fix Leg Bag Straps to the correct length

1. Using a tape measure, measure around your leg at the position you intend to wear your **Ugo Fix Leg Bag Straps**.
2. Then using the tape measure, measure the length of the **Ugo Fix Leg Bag Straps**, add at least 5cm for hook and loop overlap and cut to length.

Warning! – Do not cut the **Ugo Fix Leg Bag Straps** whilst being worn and stretched.

FITTING OPTIONS:

Method A – Using both straps to attach your urinary leg bag to your thigh or shin.

1. Feed the long **Ugo Fix Leg Bag Strap** (75cm) through the 4 holes in the top of your urinary leg bag and the short **Ugo Fix Leg Bag Strap** (45cm) through the bottom 2 holes.
2. Ensure the silicone line will be facing down onto your skin.
3. Attach the straps around your thigh or shin in the desired position and use the hook and loop tabs to secure in place (it is usually easiest to fit the top strap first).

Method B – Using the long strap to attach your urinary leg bag to your upper knee.

1. Feed the long **Ugo Fix Leg Bag Strap** (75cm) through the 4 holes in the top of your urinary leg bag.
2. Ensure the silicone line will be facing down onto your skin.
3. Take both ends of the **Ugo Fix Leg Bag Strap** and pass around your thigh just above your knee. Cross the strap at the back of the knee.
4. Bring the two ends of the strap to the front of your leg and feed through the bottom 2 holes of your urinary leg bag, attaching with the hook and loop tab behind the bag.

If the long **Ugo Fix Leg Bag Strap** (75cm) is not long enough for Method B, you can attach it to the short **Ugo Fix Leg Bag Strap** (45cm) using the hook and loop tab for extra length before attaching to your leg.

Warning! - Make sure your catheter or drainage bag tubing is not twisted before supporting your urinary leg bag to your leg using the **Ugo Fix Leg Bag Straps**.
Ensure your urinary leg bag is supported, the **Ugo Fix Leg Bag Straps** are not too tight, your catheter is not pulling and that you are able to move around comfortably with it in place

Removal and repositioning

It is recommended that you remove the **Ugo Fix Leg Bag Straps** at bedtime.
Your Healthcare Professional can advise on regular repositioning of the **Ugo Fix Leg Bag Straps.**

Using your urine drainage bag in conjunction with the **Ugo Fix Leg Bag Straps**

- Empty your urinary leg bag before it reaches 2/3 full.
- It is important that your urinary leg bag is positioned below the level of your bladder and to check regularly that your catheter and drainage tubing are free from obstruction and urine is draining freely.
- To drain your urinary leg bag, it is not necessary to remove the straps, however you may find it easier to do this for optimal drainage.
- Ensure that the tap at the bottom of your urinary leg bag does not touch the floor.

CARING FOR YOUR DEVICE

- To maintain optimum performance of the **Ugo Fix Leg Bag Straps** we recommend that you wash the strap at 60°C. Tumble dry. Do not iron. Do not bleach. Do not dry clean.
- Replace your **Ugo Fix Leg Bag Straps** when the elasticity and support is reduced from washing and stretching.
- The **Ugo Fix Leg Bag Straps** should no longer be used if there are any signs of damage or degradation.

STORAGE AND HANDLING

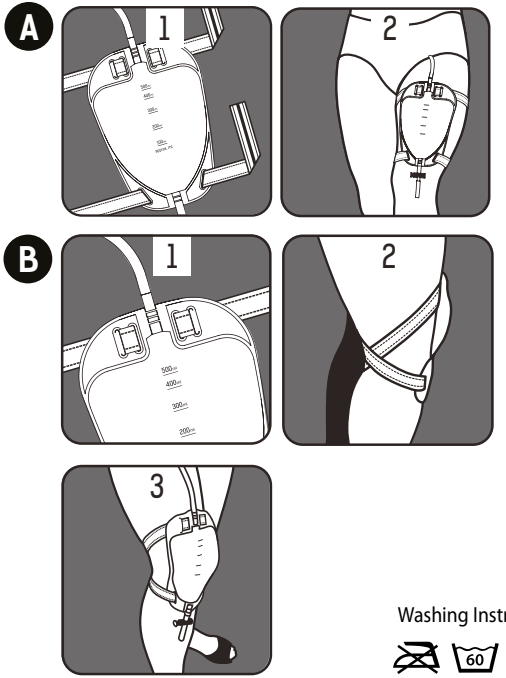
Keep dry. Keep away from sunlight.

DISPOSAL

The **Ugo Fix Leg Bag Straps** must be disposed of according to local policies and waste disposal procedures, including any accessories or consumables used with the device.

REF **3011**





Washing Instructions:

