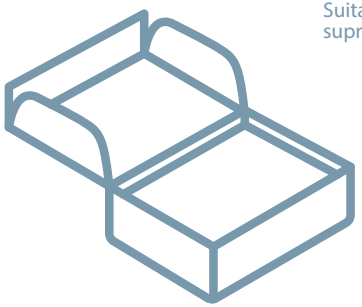
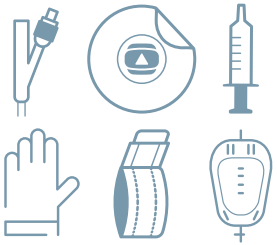
THE ugobox.™

A fully equipped catheterisation kit supplied in one box.

Suitable for transurethral and suprapubic catheterisation procedures.





The Ugo Box must be used in accordance with local policies and procedures and best practice guidance by suitably qualified and competent healthcare practitioners.

INSTRUCTIONS FOR USE

Contains:

- **1x Ugo Pro** catheterisation procedure pack
- **1 x** 20ml sterile saline pod
- **1x Ugo Foley Catheter** (all silicone) – size 12CH, 14CH or 16CH
- **1x OptiPure** 10ml syringe of sterile water
- **1x** 11ml **OptiLube** catheterisation jelly syringe OR 11ml **OptiLube Active CHG Free** catheterisation jelly syringe
- **1x Ugo Leg Bag** (**Ugo1C** – short tube (5cm), 500ml, lever tap or **Ugo2C** – long tube (25cm), 500ml, lever tap)
- **1x Ugo Fix Gentle** (catheter clip)
- **1x** pair of **Ugo Fix Leg Bag Straps**

WARNINGS:

Keep out of reach of children!

This box contains both sterile and non-sterile components. Non-sterile components (20ml Saline Pod, **Ugo Fix Gentle** and **Ugo Fix Leg Bag Straps**) must not be placed on the aseptic field.

optimummedical®

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WHAT IS THE UGO BOX?

The Ugo Box is a fully equipped catheterisation kit, designed to be used for the insertion and removal of transurethral or suprapubic catheters.

There are 12 variations of **The Ugo Box**, with a choice of **Ugo Foley Catheter**, **Ugo Leg Bag** and **OptiLube** catheterisation jelly.
Please see table below:

PR Code	Ugo Foley Catheter CH size	Ugo Leg Bag	11ml Catheterisation Jelly Syringe
3450	12CH	Ugo 1C	OptiLube Active CHG Free
3451	14CH	Ugo 1C	OptiLube Active CHG Free
3452	16CH	Ugo 1C	OptiLube Active CHG Free
3453	12CH	Ugo 1C	OptiLube*
3454	14CH	Ugo 1C	OptiLube*
3455	16CH	Ugo 1C	OptiLube*
3456	12CH	Ugo 2C	OptiLube Active CHG Free
3457	14CH	Ugo 2C	OptiLube Active CHG Free
3458	16CH	Ugo 2C	OptiLube Active CHG Free
3459	12CH	Ugo 2C	OptiLube*
3460	14CH	Ugo 2C	OptiLube*
3461	16CH	Ugo 2C	OptiLube*

All **Ugo Foley Catheters** have a 5-10ml balloon volume.

Note: **OptiLube Active CHG Free** is not recommended for use during suprapubic catheterisation procedures.

*For suprapubic catheterisation procedures, select a variation containing **OptiLube**.

All products within **The Ugo Box** can be prescribed as individual items if required.

For ordering information, please visit **www.optimummedical.co.uk** or email **enquiries@optimummedical.co.uk**

HOW TO USE **THE UGO BOX** – STEP BY STEP

Before using **The Ugo Box**, it is important to follow the steps below and read the instructions for use for every product within this kit.

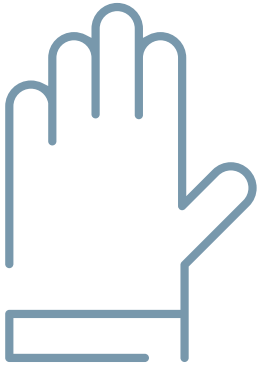
The contents of **The Ugo Box** must be used in accordance with local policies and procedures and best practice guidance by suitably qualified and competent healthcare practitioners.

The contents of **The Ugo Box** are compiled to be used together as a kit, not as individual items.

Patients requiring long-term catheters should be continuously assessed and have them removed when not required.

1. Open the **Ugo Pro** catheterisation procedure pack pouch packaging and place pack on a clean flat work surface.
2. Open the **Ugo Pro** pack outer wrapping touching only the outside corners and spread out to form an aseptic field. Arrange the contents of the **Ugo Pro** on to the aseptic field.
3. Add the remaining sterile products in **The Ugo Box** to the aseptic field:
   a. **Ugo Foley Catheter**.
   b. **OptiPure**.
   c. 11ml catheterisation jelly syringe.
   d. **Ugo Leg Bag.**
4. Please note, do not add non-sterile items to the aseptic field. This includes:
   a. **Ugo Fix Gentle** (catheter clip).
   b. pair of **Ugo Fix Leg Bag Straps.**
   c. 20ml Saline Pod.
5. Carry out the catheterisation procedure in line with your local policies and procedures following a full patient assessment and patient consent.
6. Clearly document any relevant information following the procedure, including reason for catheterisation.
7. Dispose of all waste following the procedure in line with your local waste disposal policy.
8. The waste disposal bag may be stored within **The Ugo Box** until it is possible to dispose of it appropriately. Please note that **The Ugo Box** cardboard container is fully recyclable.

ugopro™
catheterisation procedure pack



PRODUCT DESCRIPTION

The **Ugo Pro** is a sterile, single-use catheterisation procedure pack and contains all the essential and routine components required for the removal and/or insertion of a urinary catheter. A 20ml Sterile Saline Pod (0.9% w/v sodium chloride) is conveniently included separately to the procedure pack. See 'How to use' for full list of components and indications for use.

INGREDIENTS

Ugo Pro catheterisation procedure pack
Polyethylene
Non-woven material: Polypropylene Polyester
Polypropylene barrel and plunger Polyisoprene Stopper
Polyethylene with non-woven backing Polypropylene Polyester
Nitrile rubber
Sterile Saline Pod
Pod: Polyethylene Saline: 99% Distilled Water, 0.9% Sodium Chloride

INTENDED PURPOSE

Ugo Pro provides a prewrapped aseptic field and essential routine components for the safe and effective aseptic removal and /or insertion of a urinary catheter. Additional sterile medical devices required for the procedure can be added to the aseptic field.

INTENDED USER

Ugo Pro is a procedure pack intended to be used by Healthcare Professionals to perform a catheterisation procedure.

CONTRAINDICATIONS

Do not use the **Ugo Pro** if the intended user or the patient are sensitive or allergic to any of the device ingredients.

WARNINGS AND PRECAUTIONS

It is recommended that the **Ugo Pro** is used by a Healthcare Professional in line with local healthcare policies and procedures;

Ensure that the **Ugo Pro** is suitable for the intended use and compatible with other medical devices to be used in conjunction with it;

This is a single-use device. Re-use of this device may result in patient infection / cross-contamination. Re/sterilisation, reprocessing, cleaning and disinfection may also compromise the product characteristics, resulting in trauma or infection to the patient;

Keep out of reach of children;

Ensure that any additional medical devices placed on the aseptic field are sterile;

The **Ugo Pro** is latex free;

Do not use the **Ugo Pro** if it is damaged or soiled.

SALINE POD WARNINGS:

- Do not place the saline pod directly on the aseptic field;
- For irrigation only;
- Not for injection;
- Do not use unless the solution is clear, and the unit is intact;
- Discard any unused product;
- Do not re-use.

UNDESIRABLE SIDE EFFECTS

Advise the patient that in rare cases, local irritation/hypersensitivity reactions may occur such as redness, itching or blistering. If this occurs, the patient must inform the Healthcare Professional and patient records updated.

Any serious incident or malfunction that has occurred in relation to the **Ugo Pro** should be reported to the manufacturer and the Competent Authority of the Member State in which the user and/or patient is established.

HOW TO USE

Do not use if packaging is damaged or unintentionally opened prior to use.

- **Ugo Pro** must be used in accordance with local policies and procedures and best practice guidance by suitably qualified and competent Healthcare Professionals;
- Wash and dry your hands;
- Open the **Ugo Pro** pouch packaging and place pack on a clean flat work surface;
- Open the **Ugo Pro** pack outer wrapping touching only the outside corners and spread out to form an aseptic field. Arrange the contents onto the aseptic field (the contents may be used in the order presented, to assist with technique);
- Hold saline pod upright and open by twisting off the top;
- Empty the contents of the saline pod, directly from the pod, over non-woven balls in tray compartment – do not touch the nozzle;
- Add any additional sterile medical devices required for the procedure to the aseptic field;
- Carry out the catheterisation procedure using the **Ugo Pro** essential routine components as indicated for use in table below and in line with your local policies and procedures following a full patient assessment and patient consent;

Ugo Pro components	Indications for use/Rationale
Outer wrapper *	• To wrap the sterile products; • Create aseptic field for the components to be placed upon.
Apron *	• For personal protection; • Assists with aseptic technique.
Grey waterproof drape *	• To be placed under the patient with grey side facing down and absorbent side up; • Protects the bed from spilt fluids during procedure; • Assists with aseptic technique.
Blue waterproof drape *	• To be placed over the patient with blue side facing down and absorbent side up; • Assists with dignity during the procedure;
Waste bag *	• For all waste to be collected throughout the procedure.
10ml syringe **	• To remove fluid from prefilled Foley catheter balloon prior to catheter removal.
6 non-woven swabs *	• To assist with the removal of Foley catheter; • To assist with general catheterisation procedural technique.
Clear tray with 2 compartments *	• Holds components for procedure; • Holds cotton balls and saline cleansing solution in small compartment during procedure; • Large compartment can be used as a urine receiver during catheterisation.
5 non-woven balls *	• For cleansing the catheter insertion site during procedure once coated in saline cleansing solution.
3 pairs of medium nitrile **Ugo Pro** gloves *	• 3 pairs of gloves to support an aseptic technique - to be used for the following aspects of the procedure: 1. Removal of catheter; 2. Cleaning of the catheter insertion site, instillation of lubricating gel; 3. Insertion of a new catheter.
Sterile Saline Pod	**Indications for use/Rationale**
20ml saline pod (0.9% w/v sodium hloride) ***	• Empty contents over non-woven balls in tray compartment; • Cleanse catheter insertion site during procedure.

- Document clearly any relevant information following the procedure including reason for catheterisation.

STERILE DEVICES

Ugo Pro catheterisation procedure pack is supplied sterile;
Ugo Pro catheterisation procedure pack is sterilised by ethylene oxide; Sterile until opened; Do not re-sterilise. Saline solution is supplied sterile.
Saline solution is sterilised by using an aseptic processing technique; Sterile until opened; Do not re-sterilise.

The exterior of the pod is non-sterile.

- Add any additional sterile medical devices required for the procedure to the aseptic field;
- Carry out the catheterisation procedure using the **Ugo Pro** essential routine components as indicated for use in table above and in line with your local policies and procedures following a full patient assessment and patient consent;

STORAGE AND HANDLING

- Keep dry and out of direct sunlight;
- Unopened packs of the **Ugo Pro** catheterisation procedure packs have a 3-year shelf life;
- Unopened packs of the Sterile Saline Pod have a 5-year shelf life;
- Do not use after expiry date.

DISPOSAL

Ugo Pro must be disposed of according to local policies and waste disposal procedures, including any accessories / consumables used with the device.

MANUFACTURER INFORMATION

Optimum Medical Solutions Ltd, Tennant Hall, Blenheim Grove, Leeds, LS2 9ET, UK.
Tel: +44 (0) 845 643 5479, Email: enquires@optimummedical.co.uk
Website: www.optimummedical.co.uk

***Components of the Ugo Pro catheterisation procedure pack (CE)**

Dansu-China Health Care Co., Ltd, No. 366, Pengjialing, Yongfeng Street, Hanyang District, 430050 Wuhan, People's Republic of China.

****10ml Syringe (CE 0123)**

Weigao Medical International Company Ltd, No.1 Weigao Road, High-tech Industrial Development Zone, 264210 Weihai, Shandong Province, China.

***** Sterile Saline Pod (CE 1639)**

Crest Medical Ltd, 3 Chesford Grange, Woolston, Warrington, WA1 4RQ, UK.

EU IMPORTER INFORMATION

Optimum Medical Solutions GmbH, c/o Warth & Klein Grant Thornton AG, Senckenberganlage 19, 60325 Frankfurt am Main, Germany. Email: enquiries@optimummedical.de

EU AUTHORISED REPRESENTATIVE / UK RESPONSIBLE PERSON INFORMATION

MT Promedt Consulting GmbH, Altenhofstrasse 80, 66386 St. Ingbert, Germany.
Tel: +49 6894 581020, Email: info@mt-procons.com

***Components of the Ugo Pro catheterisation procedure pack**

EC REP Shanghai International Holding Corp. GmbH, Eiffestraße 80, 20537 Hamburg, Germany

UK responsible person: Share Info Ltd, 14 Castle Walk, Lower Street, London-Stanstead, CM24 8LY, UK

****10ml Syringe**

EC REP MedNet EC-REP GmbH, Borkstrasse 10, 48163 Muenster, Germany

UK responsible person: Medimap Ltd, 2 The Drift, Suffolk, Thurston, IP31 3RT, UK

***** Sterile Saline Pod**

EC REP CMC Medical Devices & Drugs S.L C/ Horacio Lengo No18, CP29006, Málaga, Spain

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Ugo Pro Catheterisation procedure pack REF **3400**

Sterile Saline Pod REF **2405006**

ugo.™ Foley catheter

100% silicone 2-way Foley catheter with integrated 5-10ml balloon
STANDARD LENGTH (420mm)

and

optipure.™

Ugo Foley Catheter

All-silicone Foley catheter suitable for transurathral and suprapubic catheterisation for up to 90 days.

OptiPure

For the inflation of Foley catheter balloons only.
Not to be used for injections.
Keep out of reach of children.

The Ugo Box has 3 different sizes of the **Ugo Foley Catheter** to choose from: **12CH, 14CH or 16CH.**

1. INTENDED USE:

For long-term transurethral and suprapubic catheterisation for up to 90 days.

Silicone Foley catheters are used in bladder drainage of urine and/or for continuous irrigation of fluids by urethra or suprapubic placement and/or for installation of appropriate therapeutic agents into the bladder.

2. INDICATIONS FOR USE OF LONG-TERM CATHETERISATION:

- Bladder outlet obstruction not correctable medically or surgically.
- Intractable skin breakdown caused or exacerbated by incontinence.
- Some patients with neurogenic bladder and retention.
- Palliative care for terminally ill or severely impaired incontinent patients for whom bed and clothing changes are uncomfortable.
- Preference of a patient who has not responded to specific incontinence treatments.

3. CONTRAINDICATIONS:

3.1. FOR TRANSURETHRAL CATHETERISATION;

- Acute urethritis.
- Acute prostatitis.
- Acute epididymitis.

3.2. FOR SUPRAPUBIC CATHETERISATION;

- Known or suspected carcinoma of the bladder.
- Suprapubic catherisation is absolutely contraindicated in the absence of an easily palpable or ultrasonographically localised distended urinary bladder.

- Previous lower abdominal surgery.
- Coagulopathy (until the abnormality is corrected).
- Ascites.
- Prosthetic devices in lower abdomen i.e. hernia mesh.
- Pelvic fracture.

4. CAUTIONS:

- Single-use device for single patient use.
- For transurethral catheterisation and suprapubic use only.
- Sterile contents if package is unopened and undamaged.
- Catheter size and balloon capacity are marked on labels and device.
- Select catheter size according to patient body type and intended procedure.
- Apply sterile and aseptic technique for the catheter insertion procedure.
- Visually inspect the catheter for imperfections prior to use.
- Lubricate catheter with water-based lubricant before insertion.
- Do not aspirate or manually accelerate deflation of catheter balloon.

5. PRODUCT DESCRIPTION:

- Manufactured from 100% Silicone.
- A Foley catheter is an indwelling, soft and flexible tube which is inserted into the bladder and left in place (in situ) by its inflatable balloon, to drain urine and/or for continuous irrigation of fluids by urethra or suprapubic placement and/or for installation of appropriate therapeutic agents into the bladder.
- Catheter size, by French gauge (CH), and corresponding outside catheter diameter in millimetres (mm), is stated on product labels.
- The injection port of the catheter is color-coded according to its size reference.
- Catheter length in millimetres (mm) is stated on product labels.
- Catheter balloon inflation volume in millilitres (ml) is stated on product labels.

6. PRODUCT PACKAGING:

- Each Foley catheter is individually wrapped in a sterile product pack.
- The Foley catheter is sterile if the product pack is unopened and undamaged.
- Catheter size and balloon inflation capacity are marked on labels and device.

7. WARNINGS:

- THE CATHETER IS A SINGLE-USE DEVICES FOR SINGLE PATIENT USE.
- DO NOT REUSE OR RE-STERILISE .
- The catheter balloon should only be inflated in patient, once the catheter is fully inserted and correctly placed in the bladder.
- Use only water-based lubricants to ease the insertion of the catheter.
- Do not over-inflate the balloon above its advised minimum/maximum volume inflation interval.
- Do not use product beyond intended continuous use.
- Do not use product after product expiry date.

8. STORING:

- Catheters should be stored in their original packaging and shelf cartons, in a clean and dry environment at normal room temperature, away from heat exposure and sunlight.
- Catheters in their single packaging should not be stored or handled in folded positions.

9. USE OF THE UGO FOLEY CATHETER:

The physician is responsible for writing the order for placement of a Foley catheter.

The registered nurse, licensed practical nurse, advanced care partner, emergency medical technician or paramedic is responsible for placing an indwelling urinary or suprapubic catheter. The above personnel must have demonstrated the knowledge and skills to perform this procedure as evidenced by verification on a competency profile.

9.1 DIRECTIONS FOR CATHETER SELECTION:

- ALWAYS FOLLOW LOCAL AND NATIONAL BEST PRACTICE DIRECTIONS IN EFFECT.
- Identify the patient by use of two patient identifiers.
- Select catheter size and length by considering patient gender, patient body type, the procedure to be performed, and the potential risks involved.
- Catheter size needed for insertion into the urethra for transurethral catheterisation is often determined by the size of the urethra opening of the patient.
- Select the smallest catheter size suitable for the procedure to be performed. For urethral catherisation, generally CH14, Ø 4.7mm is suitable for adult males, and CH12, Ø 4.0mm is suitable for adult females.
- A too big catheter may lead to urethral irritation and difficult placement.
- A too small catheter may lead to kinking and urinary leakage.

9.1.2 DIRECTIONS FOR URETHRAL CATHETERISATION PREPARATION:

- Apply sterile and aseptic technique for the catheter insertion procedure as per local best practice.
- Visually inspect product packing to ensure it is unopened and undamaged before use.
- Inspect catheter for any imperfections and/or surface deterioration prior to use.
- Identify, and assure, that volume contents of selected sterile water prefilled syringe, lies within the minimum/maximum balloon inflation interval of the catheter and does not exceed the stated maximum volume capacity of the balloon.
- Before insertion, apply sterile gloves and remove the covering sleeve from the catheter and lock the sterile water syringe into the inflation port of the catheter.
- DO NOT PRE-INFLATE THE BALLOON PRIOR TO INSERTION.

9.1.3 DIRECTIONS FOR URETHRAL CATHETER INSERTION:

- ALWAYS FOLLOW LOCAL AND NATIONAL BEST PRACTICE DIRECTIONS IN EFFECT.
- Male patients should be positioned in a supine position, female patients should be positioned in lithotomy position or in frog-leg pose.
- Using a suitable water-soluble sterile lubricant, insert the pre-filled syringe directly into the urethral meatus to lubricate the entire urethra prior to catheter insertion.

• MALE INSERTION PROCEDURE:

Grasp the penis in an upright position and insert the catheter firmly into the meatus, advancing the catheter to the bifurcation at the "Y" of the catheter. If resistance in advancing the catheter is met at the prostate, ask the patient to cough. The return of urine does not assure that the catheter is placed correctly in males, since there is often residual urine in the penis. Inserting the catheter to the bifurcation of the "Y" is the standard approach for assurance of proper placement.

• FEMALE INSERTION PROCEDURE:

Insert the catheter steadily into the meatus until urine flows, then advance the catheter some further 3-5 centimetres to make sure the catheter is well into the bladder before inflating the balloon.

- Instruct the patient to inform if any discomfort is felt with inflation of the balloon. If discomfort is felt, the catheter is most probably in the urethra and will need to be deflated and advanced.

- When correctly placed, inflate the balloon slowly using the entire contents of selected prefilled syringe suited for the catheter.
- Withdraw the catheter slowly to the point of resistance at the bladder neck.
- DO NOT INFLATE THE BALLOON ABOVE ITS STATED MAXIMUM VOLUME CAPACITY.
- If catheter placement is in question do not inflate the balloon and contact the physician.
- If resistance is met, do not attempt forceful catheter insertion; apply continuous gentle pressure and ask the patient to take slow deep breaths to help relax, or instruct the patient to try to void to open the sphincter and allow the catheter to pass.
- Following completed procedure, the catheter should be secured as per local best practice.
- NEVER leave the catheter hanging to be pulled by the weight of the attached drainage bag.
- Periodic observations should be made to ensure that urine is flowing freely.
- If a standing column of urine is observed, check for correct positioning of the attached drainage bag and then for physical obstruction, such as kink in the tubing.
- If correct positioning of the drainage bag, or removal of physical obstruction, does not allow free flow, the drainage bag may have to be changed.

9.1.4 DIRECTIONS FOR URETHRAL CATHETER REMOVAL:

- ALWAYS FOLLOW LOCAL AND NATIONAL BEST PRACTICE DIRECTIONS IN EFFECT.
- Gently connect suitable empty syringe to the inflation arm of the catheter.
- Never use more force than is required to make the syringe "stick" in the valve.
- Use gentle aspiration, only if needed, to encourage deflation.
- Allow the pressure within the inflated balloon to push the plunger back and fill the syringe with water.
- Gently remove the catheter noting the length from the meatal opening to the tip of the removed catheter to indicate the length of when a possible replacing catheter is likely to be correctly placed in the bladder.
- NEVER FORCE THE WATER INTO THE SYRINGE.
- Vigorous aspiration may collapse the inflation lumen, preventing balloon deflation.
- Allow for 30 seconds for the balloon to deflate.
- If there is slow, or no deflation, reset the syringe gently.
- If the retention balloon still does not deflate, reposition the patient to ensure catheter is not in traction or compressed within the bladder.
- If this fails, contact the physician.
- NEVER cut the catheter or its inflation/deflation lumen in attempt to deflate the balloon.
- Never clamp the catheter as this may cause lumen and functional damage. If flow-controlling is necessary, a catheter valve and/or a catheter plug (spigot) should be utilised.

9.2. SUPRAPUBIC CATHETERISATION:

9.2.1. DIRECTIONS FOR SUPRAPUBIC CATHETERISATION PREPARATION:

- The following additional items are required for suprapubic catheterisation: Sterile field, sterile gloves, items (sterile, based on established techniques) required for cleaning the patient meatus, syringe with sterile water or sterile aqueous glycerine solution for balloon inflation, sterile dressings and a urine collection device.
- Place patient in supine position.
- Wash and dry hands thoroughly.
- Using aseptic technique, remove the catheter from its pouch and place it on a sterile field.
- Put on sterile gloves and remove catheter sleeve.

9.2.2. DIRECTIONS FOR SUPRAPUBIC CATHETER REMOVAL:

- Remove existing securement devices or dressings at the puncture site.
- Clean and disinfect the area around the catheter using established techniques.
- Prior to removal of the catheter in situ, make a note of the length of visible catheter showing, as a guide for how far to insert the new catheter.
- For removal of the catheter in situ, deflate the balloon as described in section 9.1.4
- NEVER cut the catheter or its inflation/deflation lumen in attempt to deflate the balloon.
- Remove the catheter in situ by slowly pulling it gently in an upward direction.
- Upon removal, ensure the entire catheter has been removed.

9.2.3. DIRECTIONS FOR SUPRAPUBIC CATHETER REINSERTION.

- Using a suitable sterile, water-soluble lubricating jelly, insert the prefilled syringe directly into the suprapubic site, ensuring the entire length is lubricated prior to catheter insertion.
- Gently insert the catheter until urine flows. Then advance a further 3-5cm to ensure correct placement within the bladder.
- When correctly placed, inflate the balloon using the entire contents of selected prefilled syringe suited for the catheter.
- Instruct the patient to inform if any discomfort is felt during inflation. If discomfort is felt, the catheter is most likely not positioned correctly within the bladder and will need to be deflated and advanced.
- Withdraw the catheter slowly to the point of resistance.

10. PATIENT CARE CONSIDERATIONS:

- ALWAYS USE STERILE AND ASEPTIC TECHNIQUE WHEN INSERTING A CATHETER.
- ALWAYS FOLLOW LOCAL AND NATIONAL BEST PRACTICE POLICIES IN EFFECT.
- Document the catheterisation procedure, including the size of the catheter placed, the colour, volume, and clarity of urine returned after the initial placement, and patient response.
- If product outer packing provides traceability labels, such can be supplementary affixed to the patient journal.
- Record urine output as ordered.
- Blockage caused by encrustation, infections or spasms affecting the urinary flow and drainage may occur.
- Assess the patient for pain during and after procedure.
- If pain in the lower abdomen, pelvis, back or legs is experienced, contact the physician.
- If urine is changing colour i.e., becoming cloudy, bloodstained or contains obvious blood clots, contact the physician.
- If urine has – or develops - a strong and/or foul (sometimes fishy) odour, contact the physician.
- If patient experiences irritation, tenderness, swelling or redness at the catheter insertion area, contact the physician.

11. INFECTION CONTROL CONSIDERATIONS:

- ALWAYS FOLLOW LOCAL AND NATIONAL BEST PRACTICE POLICIES IN EFFECT.
- Keep the genital area, where the catheter enters the body, cleansed by daily use of mild cleanser and warm water, removing any encrustation or debris that may have dried around the catheter or around the meatus.
- Wash hands or perform hand hygiene immediately before and after any manipulation of the catheter site, catheter or the drainage bag.
- A sterile, continuously closed drainage system should be maintained.
- Use of Foley catheters should not be unnecessarily extended in time of usage.

- Indications for continued Foley usage include: unresolved urinary retention and/or urinary tract obstruction.
- Provide patient and family education regarding the benefits of removing the Foley.
- Empty the attached drainage bag every 8 hours, or when the drainage bag is 2/3 full, to avoid traction on the catheter from the weight of the drainage bag and to prevent infection.
- Take care not to contaminate the catheter drainage port by touching the outlet parts of the drainage bag or allowing the drainage port to touch the floor when emptying.
- When transferring patient, maintain position of drainage bag below the level of the bladder, to prevent reflux of contaminated urine from the drainage bag to the bladder.
- For transurethral and suprapubic catheterisation, it is recommended that placed catheter is changed at suitable intervals in accordance with local and national best practice guidance as determined by a qualified healthcare professional and in line with manufacturers recommendations.
- Catheters are for single-use only and should be disposed of after use according to applicable local and national regulations and guidelines for biological waste and contaminated waste material handling.

Manufacturer Ref	Brand Name	Size	OM Product Code
3350	Ugo Foley Catheter	12CH	UFC12
3351	Ugo Foley Catheter	14CH	UFC14
3352	Ugo Foley Catheter	16CH	UFC16

Ugo Foley Catheter

REF 3350/3351/3352

CE 2460 STERILE EO LATEX-FREE MD

Continence Care ApS,
Ilslevdalvej 184, 2610 Roedovre, Denmark E: mail@continence-care.dk, T: +45(0) 38 18 1100

OptiPure

REF 1128

CE 2797 STERILE R LATEX-FREE UK CA MD 5°C 30°C

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MT Promedt Consulting GmbH
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The Ugo Box has 2 types of catheterisation jelly syringes to choose from;

OptiLube 11ml or **OptiLube Active CHG Free** 11ml

1 x 11ml syringe is suitable for either male or female catheterisation.

For suprapubic catheterisation, we would recommend **OptiLube.**
OptiLube Active CHG Free is not suitable for use during suprapubic catheterisation procedures.

optilube.™ sterile lubricating jelly

PRODUCT DESCRIPTION

OptiLube is a sterile, single-use, pre-filled syringe with water-soluble jelly.

INGREDIENTS

100g of **OptiLube** contains:

- Purified Water;
- Propylene Glycol;
- Hydroxyethylcellulose.

INTENDED PURPOSE

OptiLube is a medical device that has a lubricating effect that helps prevent trauma being caused to the patient during catheterisation procedures or other urethral procedures by effective lubrication.

OptiLube is a clear, water-soluble, petroleum free lubricating jelly.

INDICATION FOR USE

OptiLube is designed for lubrication of the urethra prior to insertion of urethral catheters and other urological medical devices including cystoscopes.
It is also suitable for suprapubic catheterisation.

CONTRAINDICATIONS

OptiLube must not be used in patients:

- with known hypersensitivity to any of the ingredients.

Do not use for intravenous (IV) or intramuscular (IM) injections.
Do not use orally. If swallowed, please seek medical advice.
Do not use in eyes. If it comes into contact with the eyes, please seek medical advice.

WARNINGS AND PRECAUTIONS

OptiLube must only be used under the supervision of Healthcare Professionals in accordance with local guidelines, policies and procedures.

Keep out of reach of children.
Ensure **OptiLube** is suitable for the intended use and compatible with other medical devices to be used in conjunction with it.
This is a single-use device. Re-use of this device may result in patient infection/cross-contamination.

Re/sterilisation, reprocessing, cleaning and disinfection may also compromise the product characteristics, resulting in trauma or infection to the patient.
OptiLube is latex free.

UNDESIRABLE SIDE EFFECTS

In rare cases local hypersensitivity reactions may occur, such as redness, stinging, blistering or itching. If this occurs, stop using **OptiLube** and consult your Healthcare Professional. Any serious incident or malfunction which may affect the safety of **OptiLube** should be reported to the manufacturer and the Competent Authority of the Member State in which the user and/or patient is established.

HOW TO USE

Consult your Healthcare Professional for advice before using **OptiLube**.
It is recommended that this product is used as part of an aseptic technique.

- Cleanse the opening and surrounding area prior to use;
- Evenly peel back the paper backing and remove the sterile syringe;
- Remove the cap from the end of syringe;
- Apply a drop of jelly to the opening to make initial insertion easier;
- Insert the nozzle into the opening and press the plunger of the syringe slowly to release the necessary amount of **OptiLube**.
  NOTE: **OptiLube** should be applied to the urethra or suprapubic opening, not directly onto the device;
- The lubrication characteristics of the jelly start to take effect at the time of application. Do not use if packaging is damaged or unintentionally opened prior to use.

STERILISATION

OptiLube is supplied sterile. Sterilised with gamma radiation after the packaging process. Do not re-sterilise.

STORAGE AND HANDLING

The scale on the syringe is for the orientation of the user. It does not have a measurement function. Store between 5-30°C (41-86°F) until expiry date. Keep dry and out of direct sunlight. Unopened packs have a 3-year shelf life. Do not use after expiry date.

DISPOSAL

OptiLube must be disposed of according to local policies and procedures, including any remaining fluid in the syringe.

OptiLube REF 1126

CE 2292 STERILE R STERILIZE LATEX MD 5°C 30°C

LATEX-FREE

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Şti., Anadolu OSB Mah. 29. Ekim Cad., No: 41 Malıköy, Sincan, Ankara, Turkey

optilube.™ active CHG free

sterile
lubricating jelly
with local anaesthetic
(**Lidocaine**)
for urethral application

OptiLube Active CHG Free is not suitable for use during suprapubic catheterisation procedures.

PRODUCT DESCRIPTION

OptiLube Active CHG Free (with **Lidocaine**) is a sterile, single-use, pre-filled syringe with water-soluble jelly.

INGREDIENTS

100g of **OptiLube Active CHG Free** contains:

Active Ingredient: • 2g Lidocaine Hydrochloride
Other Ingredients: • Purified Water; • Propylene Glycol; • Hydroxyethyl cellulose.

INTENDED PURPOSE

OptiLube Active CHG Free is a medical device that helps to prevent trauma being caused to the patient during catheterisation procedures or other urethral procedures by effective lubrication. Additionally, **OptiLube Active CHG Free** contains the following ancillary medicinal substance; local anaesthetic (**Lidocaine**) to help reduce pain for the patient.

INDICATION FOR USE

OptiLube Active CHG Free is designed to lubricate the urethra prior to insertion of a urethral catheter and other urological medical devices including cystoscopes.

CONTRAINDICATIONS

OptiLube Active CHG Free must not be used in patients:

- With known allergies or hypersensitivity to any of the ingredients.
- Who have ever had a reaction to **Lidocaine**.
- Who have damaged or bleeding mucous membranes because of the risk of systemic absorption of the **Lidocaine**.

Do not use in children below 2 years of age.
Do not use for intravenous (IV) or intramuscular (IM) injections.
Do not use orally. If swallowed, please seek medical advice.
Do not use in eyes. If it comes into contact with the eyes, please seek medical advice.
Do not use for suprapubic catheterisation procedures.

WARNINGS AND PRECAUTIONS

OptiLube Active CHG Free must only be used under the supervision of Healthcare Professionals in accordance with local guidelines, policies and procedures.

OptiLube Active CHG Free is not suitable if a patient:

• Has a damaged or bleeding urethra.

Care should be taken when using the jelly with patients who:
• Have heart problems or taking medication for treating irregular heartbeat;
• Have liver problems;
• Are epileptic.

OptiLube Active CHG Free must not be used at the same time as other medical devices or medicines containing Lidocaine or other local anaesthetic.
Patients may experience a slight stinging on application of the jelly, but this usually stops once the anaesthetic starts to work. Encourage patients to report any reaction to the jelly.

Keep out of reach of children.

Ensure **OptiLube Active CHG Free** is suitable for the intended use and compatible with other medical devices to be used in conjunction with it.

This is a single-use device. Re-use of this device may result in patient infection/cross-contamination.

Re/sterilisation, reprocessing, cleaning and disinfection may also compromise the product characteristics, resulting in trauma or infection to the patient.

OptiLube Active CHG Free is latex free.

PREGNANCY AND LACTATION

Only use during pregnancy and breast feeding under the direction of a doctor.
Always ask the patient if they are pregnant prior to using the jelly.

EFFECTS ON THE ABILITY TO DRIVE AND USE MACHINERY

The ability to drive and operate machinery may be slightly impaired after the use of lubricant jelly with **Lidocaine**. If affected, patients should be advised not to drive or use machinery.

INTERACTIONS OF MEDICINAL SUBSTANCES AND SUBSTANCES THAT ARE ABSORBED

Depending on the absorption of **Lidocaine**, these interactions can be seen when used with the following medications:

Propranolol: Reduction in plasma clearance of **Lidocaine**;
Cimetidine: Reduction in plasma clearance of **Lidocaine**;
Antiarrhythmic products: Increase in the toxicity of **Lidocaine**;
Phenytoin or barbiturates: Reduction in plasma levels of **Lidocaine**.

Specified interactions can be seen in the long-term use and repeated high doses.
When administered as recommended, there is no clinically significant interactions reported.

UNDESIRABLE SIDE EFFECTS

Like any medication, **OptiLube Active CHG Free** may cause side effects in some people. Side effects to this product must be documented in patient records.
In rare cases local hypersensitivity reactions may occur, such as redness, stinging, blistering or itching and/or systemic reactions to **Lidocaine**. There is also a risk of severe reactions including drop in blood pressure, dizziness, nausea, shortness of breath, bradycardia, convulsions and anaphylactic shock. If this occurs, stop using **OptiLube Active CHG Free** and consult your Healthcare Professional.

Any serious incident or malfunction which may affect the safety of **OptiLube Active CHG Free** should be reported to the manufacturer and the Competent Authority of the Member State in which the user and/or patient is established.

DOSAGE

Dosage recommendations:

FOR ADULTS: Max. 800 mg Lidocaine during a 24 hour period (x 3 syringe for 11 ml)

FOR CHILDREN (between 2 and 15 years): Max. 0.3ml gel/kg B.W (≙ 6mg **Lidocaine**/kg) is recommended per procedure and no more than four doses should be administered within 24 hours.

In children below 2 years lubricant gel with Lidocaine must not be used.

OVERDOSE

Excessive dosage or short intervals between doses can result in high plasma levels and serious adverse effects.

OptiLube Active CHG Free must not be used at the same time as any other medical device or medicines containing a local anaesthetic agent.
In the event of excessive absorption of Lidocaine into the bloodstream, symptoms may include central nervous system effects and cardiovascular reactions.
In the event of excessive use or use outside of these guidelines please seek medical advice.

HOW TO USE

It is recommended that this product is used as part of an aseptic technique.

• Cleanse the opening to the urethra and surrounding area prior to use;
• Evenly peel back the paper backing and remove the sterile syringe;
• Remove the cap from the end of syringe;
• Apply a drop of jelly to urethral opening to make initial insertion easier;
• Insert the nozzle into the urethral opening and press the plunger of the syringe slowly to release the necessary amount of **OptiLube Active CHG Free**.

NOTE: OptiLube Active CHG Free should be applied to the urethra, not directly onto the device;

• The lubrication characteristics of the jelly start to take effect at the time of application. The onset of anaesthetic effect takes 3-5 minutes.

Do not use if packaging is damaged or unintentionally opened prior to use.

STERILISATION

OptiLube Active CHG Free is supplied sterile.
Sterilised with gamma radiation after the packaging process.
Do not resterilise.

STORAGE AND HANDLING

The scale on the syringe is for the orientation of the user.
It does not have a measurement function.

Store between 5-30°C (41-86°F) until expiry date.

Keep dry and out of direct sunlight.

Unopened packs have a 3-year shelf life. Do not use after expiry date.

DISPOSAL

OptiLube Active CHG Free must be disposed of according to local policies and procedures, including any remaining fluid in the syringe.

OptiLube Active CHG Free REF **1168**

CE 2292 STERILE R STERILIZE LATEX LATEX-FREE MD 5°C 30°C

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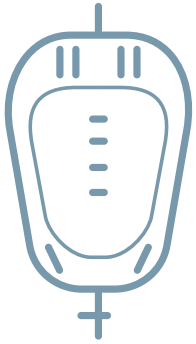
ugo™ leg bag



The Ugo Box has 2 variations of Ugo Leg Bag to choose from:
Ugo 1C (5cm short tube, 500ml, lever tap)
or Ugo 2C (25cm long tube, 500ml, lever tap)

The Ugo Leg Bag can remain attached to your catheter for up to 7 days. The leg bags are sterile pouched packaged and have a needle free sample port.

Only use a **Ugo Leg Bag** if it has been prescribed for you by a healthcare professional and and you (or your carer) have the ability to change it, empty it regularly and care for it.

HOW TO ATTACH YOUR UGO LEG BAG TO YOUR CATHETER

- Wash and dry your hands (if a carer is changing the leg bag for you they must apply a clean pair of gloves after drying their hands).
- Remove any straps or sleeve which are supporting your **Ugo Leg Bag** to your leg.
- Open the pouch packaging for a new **Ugo Leg Bag** and remove the protective cap from the leg bag stepped connector.
- Detach the old leg bag from the catheter and immediately insert the stepped connector from the new leg bag ensuring an adequate seal (the leg bag is supplied in the closed position).
- It is important that you do not touch the ends of the catheter or leg bag connector during the change (non touch technique)
- The discarded protective cap from the new **Ugo Leg Bag** can be attached to the stepped connector of the old leg bag.
- Apply your leg bag fixation and support devices and adjust to ensure optimum drainage and comfort. If using the **Ugo Fix Leg Bag Straps** provided, follow the instructions on how to fit overleaf.
- Empty the urine from your old leg bag into the toilet and dispose of the bag as recommended by your nurse.
- Wash and dry your hands.

HOW TO EMPTY YOUR UGO LEG BAG

- Wash and dry your hands (if a carer is emptying your bag for you they must apply a clean pair of gloves after drying their hands).
- Hold the outlet tap over a toilet or suitable receptacle.
- Open the tap by sliding the T tap or pushing the lever tap down.
- Allow the bag to drain completely then close the tap.
- Dry the end of the soft silicone outlet tubing with a clean wipe if necessary.
- Wash and dry your hands.

WARNING

NEVER RECONNECT A USED LEG BAG

If your urinary drainage system is not draining urine and/or you are in discomfort or feeling unwell, contact your nurse or doctor immediately.

REF.	Product description			
1C/500/ST/L	**Ugo 1C**	500ml	Short tube (5cm)	lever tap
2C/500/LT/L	**Ugo 2C**	500ml	Long tube (25cm)	lever tap

Ugo leg bag

REF 1C/500/ST/L
REF 2C/500/LT/L

KEEP OUT OF REACH OF CHILDREN

CE 2797 STERILE EO LATEX-FREE MD UK CA

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ugofix™ gentle

PRODUCT DESCRIPTION

The **Ugo Fix Gentle** catheter clip is a non-sterile, silicone-based securement medical device, used to provide fixation of a 2-way indwelling urinary catheter at the bifurcation of the catheter.

The **Ugo Fix Gentle** features a rotating clip mounted on a re-adhesive silicone gel pad. The rotating catheter clip holds the catheter away from the skin and rotates, allowing the catheter to move naturally with the motion of the body. The re-adhesive silicone gel pad is applied to the skin, providing gentle adhesion.

COMPOSITION

Description	Material Composition
Adhesive silicone	Silicone
Catheter Clip	Polyvinyl Chloride
Release liner	Polyurethane film

INTENDED PURPOSE

The **Ugo Fix Gentle** catheter clip is a medical device intended to provide securement and fixation of 2-way indwelling urinary catheters, size 8CH to 20CH. The fixation of the catheter is intended to provide comfort and help reduce the risk of trauma caused by inadvertent movement of the catheter.

INTENDED USER/S

The intended users of the **Ugo Fix Gentle** catheter clip are patients with a 2-way indwelling urinary catheter, in size 8CH to 20CH, and their carers and/or Healthcare Professionals.

CONTRAINDICATIONS

- Do not use the **Ugo Fix Gentle** catheter clip unless you have been assessed as suitable by a Healthcare Professional and it has been recommended for you.
- Do not use if you are sensitive or allergic to any of the device materials.
- Do not use on skin which is broken or inflamed

WARNINGS AND PRECAUTIONS

- It is recommended that the **Ugo Fix Gentle** catheter clip is used in line with local healthcare policies and procedures following a patient continence assessment by a Healthcare Professional.
- Ensure that the **Ugo Fix Gentle** catheter clip is suitable for the intended use and is compatible with other medical devices to be used in conjunction with it. It may not be compatible with all 2-way indwelling urinary catheters. Check the operating instructions of the catheter in use.
- The **Ugo Fix Gentle** catheter clip is a non-sterile medical device.

- The **Ugo Fix Gentle** catheter clip is not designed to support the weight of a urine drainage bag. Always support the weight of your urine bag with an appropriate device.
- Do not disconnect your urine drainage bag during fitting of the **Ugo Fix Gentle** catheter clip. It is designed to allow fitting without disconnecting the system
- Do not use moisturisers, moisturising soap, shower gel, wet wipes, baby wipes or talcum powder on the area of skin where the **Ugo Fix Gentle** catheter clip will be positioned, as they may affect the adhesion of the **Ugo Fix Gentle** catheter clip to the skin.
- It is important that you check your skin beneath the **Ugo Fix Gentle** catheter clip regularly, to ensure it remains intact
- Do not shave where the **Ugo Fix Gentle** catheter clip is to be applied to the skin, as it may cause skin irritation.

It is important to check that your catheter is not twisted prior to insertion into the **Ugo Fix Gentle** catheter clip (see how to use) and to regularly check that your catheter and all drainage tubing are free from obstruction and urine is draining freely (see undesirable side effects)

- Do not use the **Ugo Fix Gentl**e catheter clip if it is damaged or soiled.
- Do not use if the packaging is damaged or unintentionally opened prior to use.
- Keep out of reach of children.
- The **Ugo Fix Gentle** catheter clip is latex free.

This is a single-use medical device. Re-use of this medical device may result in patient infection and/or cross-contamination.

Sterilisation, reprocessing, cleaning and/or disinfection, may also compromise the product characteristics, resulting in trauma

or infection to the patient.

UNDESIRABLE SIDE EFFECTS

In rare cases local irritation or hypersensitivity may occur. Symptoms of irritation and hypersensitivity include redness, itchiness, or blistering. If this occurs, stop using the **Ugo Fix Gentle** catheter clip and consult your Healthcare Professional and ensure patient records are updated.

There may be an increased risk of complications from wearing the **Ugo Fix Gentle** catheter clip if you have decreased sensation and if the **Ugo Fix Gentle** catheter clip has not been fitted correctly.

Remove the **Ugo Fix Gentle** catheter clip immediately if you experience any of the following during or after use, and seek medical advice:

- Swelling, inflammation or discomfort of the skin.
- Lesions or broken skin.
- Urine not draining into urine bag.
- Cloudy or foul-smelling urine.
- Feeling unwell, high temperature, nausea/vomiting or in any pain/discomfort.

Any serious incident or malfunction that has occurred in relation to the **Ugo Fix Gentle** catheter clip should be reported to the manufacturer and the Competent Authority of the Member State in which the user and/or patient is established.

HOW TO USE

Consult your Healthcare professional for advice before using the **Ugo Fix Gentle** catheter clip.

Always wash and dry your hands before and after handling your catheter or drainage tubing. If someone else is handling your catheter or drainage tubing, they must wash and dry their hands and apply a clean pair of gloves on every occasion to avoid cross infection.

The **Ugo Fix Gentle** catheter clip can be used for up to 7 days depending on your lifestyle. We recommend that you change your **Ugo Fix Gentle** catheter clip to suit your personal hygiene and physical needs. Change it sooner if it becomes damaged or soiled or there are signs of degradation.

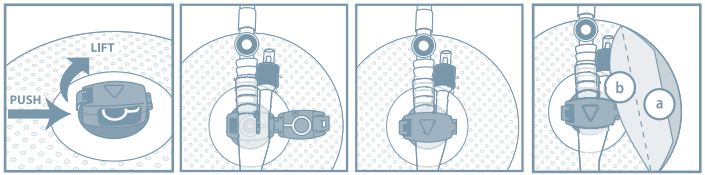
The **Ugo Fix Gentle** catheter clip can be worn in the shower to support your catheter. Ensure the edges are fully adhered to the skin prior to showering and pat dry the **Ugo Fix Gentle** catheter clip with a towel.

Always support the weight of your catheter and/or leg bag when fitting your **Ugo Fix Gentle** catheter clip.

How to Apply the **Ugo Fix Gentle** catheter clip:

Before Applying the **Ugo Fix Gentle** catheter clip to your skin:

It is important that you fix your catheter into the **Ugo Fix Gentl**e catheter clip prior to applying to your skin.



Open clip (see illustrations).

1. Push and lift the catch to open the **Ugo Fix Gentle** catheter clip lid. Insert catheter (see illustrations).
2. Place the bifurcation (the part of the catheter where is splits into two) part of the catheter into the **Ugo Fix Gentle** catheter clip. It will only fit one way. **WARNING** - Make sure the catheter is not twisted before placing into the **Ugo Fix Gentle** catheter clip.
3. Once in place, fix the **Ugo Fix Gentle** catheter clip lid closed by gently pressing the lid down.
4. You will sense a click when the clip is closed correctly. Ensure the arrow on the clip is pointing towards your bladder.

APPLICATION OF THE UGO FIX GENTLE CATHETER CLIP TO YOUR SKIN

Now your catheter is fixed into the clip, you are ready to apply the **Ugo Fix Gentle** catheter clip to your skin. Your Healthcare Professional can advise on the most suitable position to place the **Ugo Fix Gentle** catheter clip.

5. Remove backing (A) and apply to skin in desired position.
6. Remove backing (B) and smooth in place.)

IMPORTANT - We recommend an allowance of 2-4cm slack to enable natural movement of the catheter.

If your catheter is pulling when you stand up or move around, you can reposition and reapply as necessary.

REMOVAL OF UGO FIX GENTLE FROM YOUR SKIN AND REPOSITIONING

You may want to reposition the **Ugo Fix Gentle** catheter clip between daytime and bedtime. You can wear your **Ugo Fix Gentle** catheter clip in bed and follow your usual overnight regime. Your Healthcare Professional can advise on regular repositioning of the **Ugo Fix Gentle** catheter clip.

7. Gently lift the edges of the **Ugo Fix Gentle** catheter clip adhesive until it is fully removed taking care not to allow it to stick together.
8. Reapply to skin in new position and smooth down in place.

STORAGE AND HANDLING

Keep dry and out of direct sunlight.

Unopened packs have a 5-year shelf life.

Do not use after expiry date.

DISPOSAL

Ugo Fix Gentle catheter clip must be disposed of according to local policies and procedures, including any accessories or consumables used with the device.

Ugo Fix Gentle catheter clip REF **3004**

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ugofix™ leg bag straps

The **Ugo Fix Leg Bag Straps** provide support for your **Ugo Leg Bag**. They are suitable for securing your **Ugo Leg Bag** to your thigh, upper knee or shin and can be used on any size **Ugo Leg Bag**. The **Ugo Fix Leg Bag Straps** come as a pair, one strap is 75cm and the other is 45cm. Both straps are fully adjustable and can be cut to fit if necessary. The **Ugo Fix Leg Bag Straps** are washable and reusable, please follow the washing instructions provided.

INSTRUCTIONS FOR USE

It is important that you do not let your catheter or leg bag hang down unsupported as this will cause discomfort. Always support the weight of your leg bag when fitting the **Ugo Fix Leg Bag Straps**.

FITTING OPTIONS

METHOD A

Using both straps to attach your **Ugo Leg Bag** to your thigh or shin

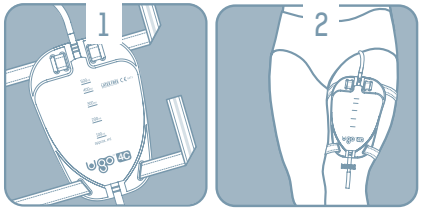
1. • Feed the long **Ugo Fix Leg Bag Strap** (75cm) through the 4 holes in the top of your **Ugo Leg Bag** and the short **Ugo Fix Leg Bag Strap** (45cm) through the bottom 2 holes
   • Ensure the silicone line will be facing down onto your skin
2. • Attach the straps around your thigh or shin in the desired position and use the Velcro tabs to secure in place (it is usually easiest to fit the top strap first)
   • Ensure your **Ugo Leg Bag** is supported and that you are able to move around comfortably with it in place

METHOD B

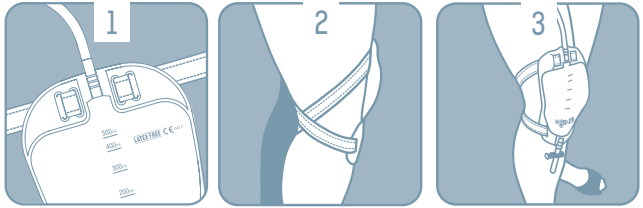
Using the long strap to attach your **Ugo Leg Bag** to your upper knee

1. • Feed the long **Ugo Fix Leg Bag Strap** (75cm) through the 4 holes in the top of your **Ugo Leg Bag**
2. • Take both ends of the **Ugo Fix Leg Bag Strap** and pass around your thigh just above your knee. Cross the straps at the back of the knee
3. • Bring the two ends of the strap to the front of your leg and feed through the bottom 2 holes of your **Ugo Leg Bag**, attaching with the Velcro tab behind the bag
   • Ensure your **Ugo Leg Bag** is supported and that you are able to move around comfortably with it in place

A



B



Ugo Fix leg bag straps

REF 3011

EC REP

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