

CATHETERISATION JELLY

Offering you a range of catheterisation jelly pre-filled syringes. Designed specifically for use during catheterisation procedures.



giving you a
choice.



optimummedical® | constantly creating better



Giving you a **choice.**

All pre-filled syringes in our catheterisation jelly range are single-use, sterile, and designed specifically for use during catheterisation procedures.

“Discomfort will be minimised by using an appropriate sterile, single use lubricant or anaesthetic gel.”

(NICE 2017)

The purpose of using water-soluble, sterile, lubricating jelly during catheterisation is to dilate and lubricate the urethra, allowing the clinician to access the opening and smoothly insert the catheter, minimising pain and discomfort for the patient.

It is recommended that the sterile lubricating jelly used during catheter insertion should be supplied in a pre-filled syringe, to allow effective instillation into the urethra, ensuring the entire urethra is lubricated before insertion of the catheter.

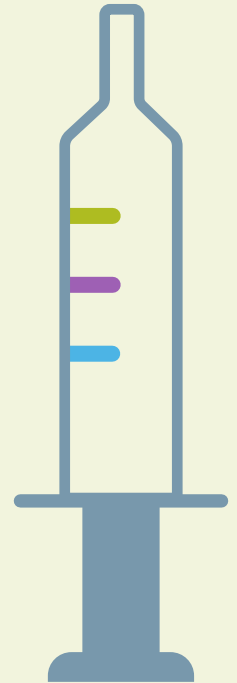
‘The lubricant dilates and lubricates the urethra. It should be administered in a syringe to facilitate insertion of the gel into the urethra in accordance with local practice.’

(ENSH 2021)

References

National Institute for Health and Care Excellence (2012 updated 2017) Healthcare-associated infections: prevention and control in primary and community care (CG139) Methods, evidence and recommendations. National Clinical Guideline Centre. London;

The European Network for Safer Healthcare (2021) Increasing Adherence to CAUTI Guidelines: Recommendations from Existing Evidence. Joint Report; European Association Urology Nurses, European Association Urology, The European Network for Safer Healthcare. Health First Europe. Brussels;



Our catheterisation jelly range

optilube.TM
active

Containing local anaesthetic (Lidocaine 2%) and antiseptic (Chlorhexidine Gluconate 0.05%).

OM CODE	NHS CODE	PIP CODE	DESCRIPTION	INNER PACK	OUTER PACK
1160	FST652	366-2061	OptiLube Active 6ml pre-filled syringe	Pack of 10	Case of 200
1161	FST654	366-2079	OptiLube Active 11ml pre-filled syringe	Pack of 10	Case of 200

optilube.TM
active CHG free

Containing local anaesthetic (Lidocaine 2%). Ideally suited for patients with a contraindication or sensitivity to Chlorhexidine Gluconate (CHG).

OM CODE	NHS CODE	PIP CODE	DESCRIPTION	INNER PACK	OUTER PACK
1167	FST887	404-0663	OptiLube Active CHG Free 6ml pre-filled syringe	Pack of 10	Case of 200
1168	FST888	404-0671	OptiLube Active CHG Free 11ml pre-filled syringe	Pack of 10	Case of 200

optilube.TM

Ideally suited for patients with a contraindication or sensitivity to Lidocaine and/or Chlorhexidine Gluconate (CHG).

OM CODE	NHS CODE	PIP CODE	DESCRIPTION	INNER PACK	OUTER PACK
1125	FST650	373-4357	OptiLube 6ml pre-filled syringe	Pack of 25	Case of 250
1126	FST651	373-4365	OptiLube 11ml pre-filled syringe	Pack of 25	Case of 250

Why choose our catheterisation jelly range?

- All catheterisation jelly syringes in our range are classified as medical devices.
- Syringe falls easily from its protective packaging, supporting an aseptic technique when preparing a sterile field.
- Manufacturing date, expiry date and LOT number are printed on the tear off strip for ease of recording.
- Provided in a familiar and recommended syringe format.
- Easy-to-prime syringe for precise and controlled application of lubrication.
- Rounded tip for comfort when inserted into the urethra.

All our catheterisation jelly syringes are supplied sterile inside and out and designed to fall from their packaging onto a sterile field, supporting an aseptic technique.



Choosing the right catheterisation jelly for your patient

To make an informed choice for your patient, you need to know what options are available to you. We offer three choices of catheterisation jelly, each available in 6ml (female) or 11ml (male) pre-filled syringes.

This is a visual guide only. The choice of which catheterisation jelly to use should be made following an individual patient assessment and in line with local healthcare policies and procedures.

Suprapubic

We recommend 6ml **OptiLube** for all routine suprapubic catheter changes because of the swift change of catheter required during this procedure.*

Urethral

Does the patient have any sensitivities or allergies to Chlorhexidine Gluconate (CHG) or are there any contraindications to its use?

YES

NO

Does the patient have any sensitivities or allergies to Lidocaine or are there any contraindications to its use?

Does the patient have any sensitivities or allergies to Lidocaine or are there any contraindications to its use?

YES

NO

YES

NO

OptiLube is the ideal choice for the patient. Available in 11ml (male) or 6ml (female) formats.

OptiLube is the ideal choice for the patient. Available in 11ml (male) or 6ml (female) formats.

You can use **OptiLube** or **OptiLube Active CHG Free**. Both are available in 11ml (male) or 6ml (female) formats.

You can use **OptiLube**, **OptiLube Active** or **OptiLube Active CHG Free**. All are available in 11ml (male) or 6ml (female) formats.

Lubrication In Suprapubic Catheterisation

*Due to the swift change, the anaesthetic properties present in **OptiLube Active** and **OptiLube Active CHG Free** would not have time to take effect (it takes 3-5 minutes for the anaesthetic properties to take effect).

Some well known facts

'Urinary tract infection (UTI) is the most common infection acquired as a result of health care, accounting for 19% of HCAI, with between 43% and 56% of UTIs associated with a urethral catheter.' (EPIC3)

'The financial burden of *CAUTI on the NHS has been estimated as £99 million per year, with an estimated cost per episode of £1968' (EPIC3)

*Catheter associated urinary tract infections

References:

Loveday HP, Wilson JA, Pratt RJ (2014) Epic3: national evidence-based guidelines for preventing healthcare associated infections in NHS hospitals in England, Journal of Hospital Infection 86(1 Suppl): S1–70.

For more guidance on selecting the right catheterisation jelly for your patient, or for any additional information about our catheterisation jelly range, email enquiries@optimummedical.co.uk or call +44 (0) 845 643 5479



Distributed by:

Optimum Medical Solutions Ltd

Tennant Hall, Blenheim Grove, Leeds, West Yorkshire,
United Kingdom, LS2 9ET

Tel.: +44 (0) 113 263 3849, Fax: +44 (0) 114 238 3826

www.optimummedical.co.uk

Manufactured by:

Istem Medikal
Tıbbi Cihaz ve San. Tic. Ltd. Şti.,
Anadolu OSB Mah. 29. Ekim Cad.,
No: 41 Malıköy, Sincan,
Ankara, Turkey