





We're specialists in urinary drainage and fixation products.

Find out more about our **Ugo Urology** range by visiting **www.optimummedical.co.uk**.



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The **Ugo Pro** provides a pre-wrapped aseptic field and essential routine components for the safe and effective removal and/or insertion of a urinary catheter.

The **Ugo Pro** should be used by a healthcare professional in accordance with local policies and procedures.

## WHY CHOOSE **UGO PRO**?



The unique design of the **Ugo Pro** allows freedom to choose which size/type of catheter, leg bag or catheter valve, and lubricant to use depending on patient or clinician preference.

The **Ugo Pro** includes saline, which is recommended by EPIC3 as cleaning solution.

Inside each pack you'll find detailed instructions for use, which are compatible with all local guidelines and policies/procedures.

The **Ugo Pro** comes with 3 pairs of gloves, which is the required amount for best practice catheter removal and insertion.

The drapes included in the **Ugo Pro** are different colours for easy differentiation.

## ORDERING INFORMATION

PR	PIP	Product	Outer
Code	Code	Name	Case
3400	414-6494	Ugo Pro	

'Catheterisation is an aseptic procedure and should only be undertaken by healthcare workers trained and competent in this procedure'

(Loveday et al, 2014)

'Clean the urethral meatus with sterile normal saline prior to the insertion of the catheter.'

(Loveday et al, 2014

'The patient would expect that any health care worker will take all standard precautions in performing th procedure in an aseptic manner.'

(RCN Catheter Care Guidance, 2019)

'All catheterisations carried out by healthcare workers should be aseptic procedures.'

(NICE, 2012

## THE **UGO PRO** CONTAINS:

- 1 Clear instructions for use.
- 2 1x outer wrapper creates an aseptic field for the components to be placed upon.
- 3 1x disposable apron.
- 4 1x waste bag.
- 5 1x grey waterproof drape protects the bed from spilt fluids during procedure. Assists with aseptic technique.
- 6 1x blue waterproof "O" drape provides dignity during the procedure. Assists with aseptic technique.
- 7 1x 10ml empty syringe to remove fluid from Foley catheter balloon prior to catheter removal.
- 8 6x non-woven swabs to assist with removal and general catheterisation procedure technique.
- 9 5x non-woven balls for cleansing catheter insertion site during procedure (once coated in saline).
- 10 1x 20ml saline cleansing pod (0.9% w/v sodium chloride) to empty over non-woven balls for cleansing catheter insertion site.
- 11 1x clear tray with 2 compartments.

Retrieved from nice.org.uk: https://www.nice.org.uk/guidance/cg139

12 3x pairs of medium nitrile Ugo Pro gloves – assists with aseptic technique.

Male and female catheterisation animations and a supporting booklet are available. Request a free DVD and booklet by emailing marketing@optimummedical.co.uk.

## eferences:

Loveday, H. P., Wilson, J. A., Pratt, R. J., Golsorkhi, M., Tingle, A., Bak, A., Browne, J., Prieto, J., Wilcox, M. (2014). epic3: National Evidence-Based Guidelines for Preventing Healthcare-Associated Infections in NHS Hospitals in England. Journal of Hospital Infection, 1-70. Retrieved from 10.1016/S0195-6701(13)60012-2 NICE. (2017). Healthcare-associated infections: prevention and control in primary and community care.

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