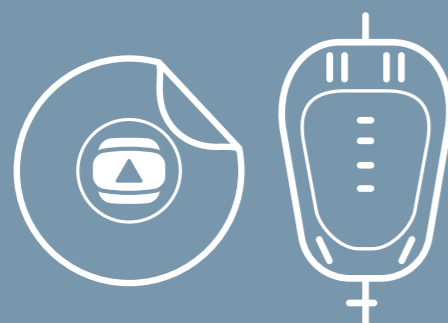


constantly creating better

ugofix™
catheter strap



We're specialists in
urology products.

Find out more about our Ugo Urology range by visiting
www.optimummedical.co.uk.



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OMS-UJCS-103-Apr20



ugofix™ catheter strap

At **Optimum Medical** we understand the need for secure and reliable catheter and leg bag fixation.

We have developed the **Ugo Fix Catheter Strap** to provide comfortable support giving the patient the confidence to move around freely and safely.



KEY STRENGTHS

- Retains tubing in a fixed position so no tension is placed on urethra or bladder neck yet allows natural movement.
- Convenient and simple design.
- Clear instructions for use to ensure correct fitting.
- Reusable and washable hypoallergenic fabric strap.
- Silicone technology ensures firm grip to skin without slipping or irritation.
- Latex-free.

ORDERING INFORMATION

PR Code	PIP Code	Product Description	Inner Pack	Outer Pack
3001	393-3371	Ugo Fix Catheter Strap Extra short - up to 35cm	Box of 5	Case of 50
3002	393-3389	Ugo Fix Catheter Strap Short - up to 45cm	Box of 5	Case of 50
3003	393-3397	Ugo Fix Catheter Strap Medium - up to 80cm	Box of 5	Case of 50
3009	393-3405	Ugo Fix Catheter Strap Long - up to 130cm	Box of 5	Case of 50
3010	393-3413	Ugo Fix Catheter Strap Extra Long - up to 180cm	Box of 5	Case of 50

WARNING!

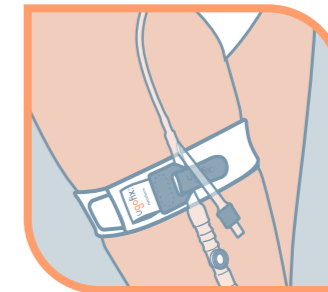
All patients should undergo an assessment for suitability and sizing prior to using a catheter strap.

USING THE UGO FIX CATHETER STRAP

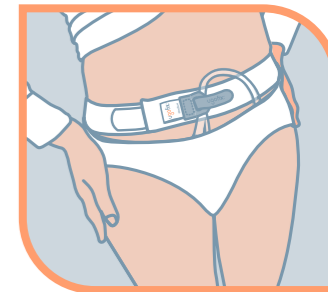
The **Ugo Fix Catheter Strap** is designed to support urethral catheters, suprapubic catheters and sheath systems. The **Ugo Fix Catheter Strap** works to reduce tension and trauma to the bladder neck or urethra which may be caused by catheter movement.

The **Ugo Fix Catheter** strap may also be used to direct leg bag tubing as desired. To provide effective support for a leg bag, the **Ugo Fix Catheter Strap** should be used in conjunction with a **Ugo Fix Sleeve** or **Ugo Fix Leg Bag Straps**.

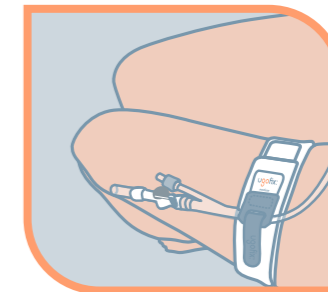
Find out more about our fixation range at www.optimummedical.co.uk



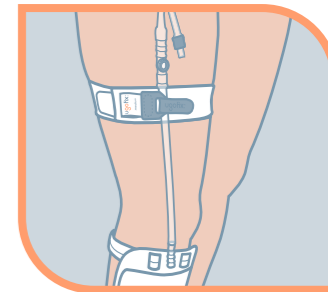
Using the **Ugo Fix Catheter Strap** at the catheter bifurcation



Using the **Ugo Fix Catheter Strap** on abdomen



Using the **Ugo Fix Catheter Strap** on upper leg



Using the **Ugo Fix Catheter Strap** on the leg bag tubing

The Royal College of Nursing recommend, 'An appropriate catheter fixation device should be used to reduce migration and potential trauma.' (Holroyd et al, 2019)

The European Association of Urology Nurses identify that this may be in the form of 'a catheter support strap to prevent unnecessary pulling' and emphasise the importance of stabilising catheters for best practice in urological healthcare, 'Stabilising urethral catheters can reduce adverse events such as dislodgment, tissue trauma, inflammation and urinary tract infection.'

(EAUN, 2012)

References:

Wileman A, Holroyd S et al (2019) Catheter care. RCN Guidance for Healthcare Professionals. Clinical Professional Resource. Royal College of Nursing. London

The European Association of Urology Nurses (2012) Evidence Based Guidelines for Best Practice in Urology Healthcare. Catheterisation, Indwelling Catheters in Adults. Urethral and Suprapubic. Netherlands: The European Association of Urology Nurses



We recommend that the **Ugo Fix Catheter Strap** is changed daily or sooner if the strap becomes soiled. To make this easy we have packaged the straps in sets of 5 to assist with the daily wear and wash cycle.

To maintain the **Ugo Fix Catheter Strap's** optimum performance, we recommend that the patient washes the strap in a laundry bag. To assist with this we provide a laundry bag in each box of **Ugo Fix Catheter Straps**.