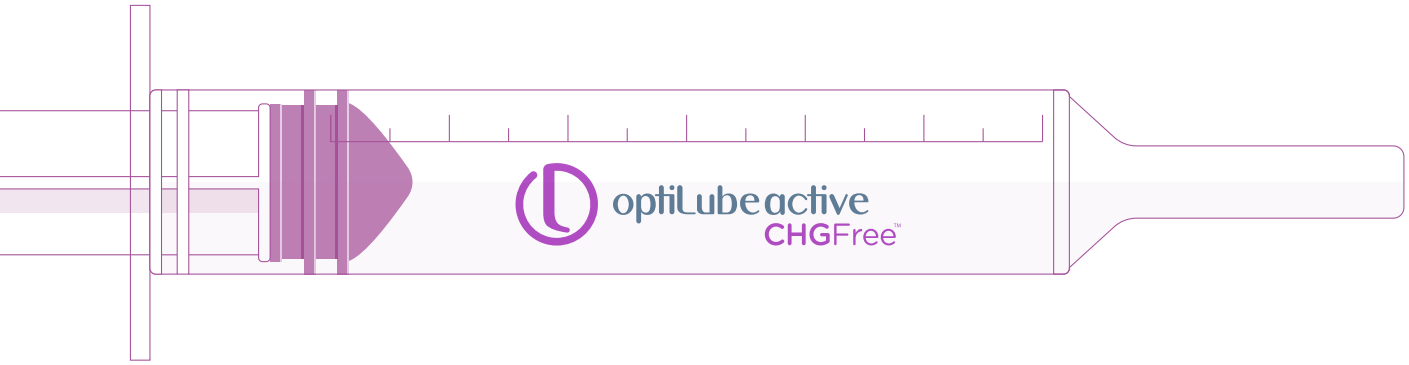
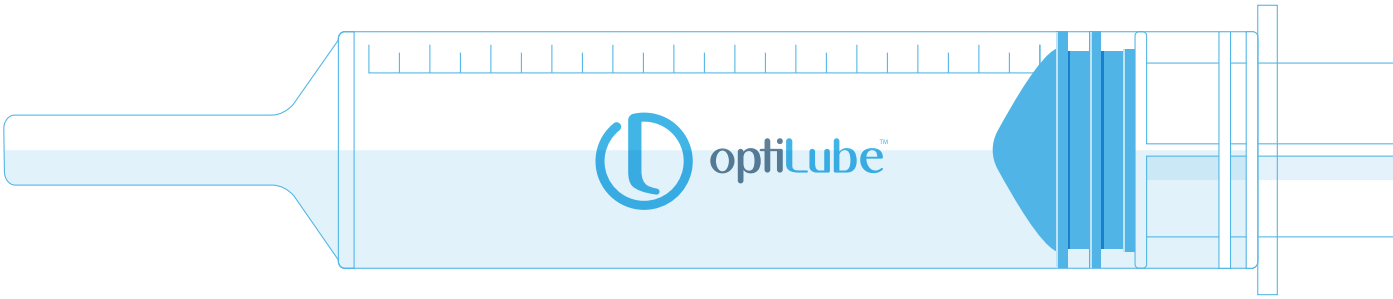
Catheterisation Jelly

A range of syringes designed for optimum lubrication in catheterisation procedures





Meeting patient needs.
Responding to clinical demand.
Giving you a choice.

optimummedical®

We offer a choice

Booth and Clarkson (2012) suggest for best practice in catheterisation "...your patient is offered a choice."[1]

To give clinicians more choice, we offer a range of lubricating gels for catheterisation procedures. Individually wrapped for minimum handling, these sterile syringes help ensure the full length of the urethra is coated in lubricant and an aseptic procedure is achieved. So they make patients more comfortable during catheter insertion, and reduce the risk of infection.

optiLube active™

OptiLube Active brings the added benefits of local anaesthetic (Lidocaine 2%) and antiseptic (Chlorhexidine Gluconate 0.25%).

OM CODE	NHS CODE	PIP CODE	DESCRIPTION	INNER PACK	OUTER PACK
1160	FST652	366-2061	OptiLube Active 6ml pre-filled syringe	Pack of 10	Case of 200
1161	FST654	366-2079	OptiLube Active 11ml pre-filled syringe	Pack of 10	Case of 200

optiLube active CHGFree™

OptiLube Active CHG Free contains anaesthetic (Lidocaine 2%). It's ideally suited to patients with contraindications to Chlorhexidine Gluconate.

OM CODE	DESCRIPTION	INNER PACK	OUTER PACK
1167	OptiLube Active CHG Free 6ml pre-filled syringe	Pack of 10	Case of 200
1168	OptiLube Active CHG Free 11ml pre-filled syringe	Pack of 10	Case of 200

optiLube™

OptiLube syringes are water soluble, and contain no additional active ingredients – so they're ideal for patients with allergies or contraindications.

OM CODE	NHS CODE	PIP CODE	DESCRIPTION	INNER PACK	OUTER PACK
1125	FST650	373-4357	OptiLube 6ml pre-filled syringe	Pack of 10	Case of 200
1126	FST651	373-4365	OptiLube 11ml pre-filled syringe	Pack of 10	Case of 200

1 Booth F. & Clarkson M. (2012) Principles of Urinary Catheterisation. Journal of Community Nursing. May/June, vol 26, issue 3, pp 37-41

We listen to clinicians and patients

OptiLube Active and OptiLube Active CHG Free and OptiLube adhere to best practice guidelines:

"An appropriate sterile single-use syringe with lubricant should be used before catheter insertion to minimise urethral trauma, discomfort and infection."[2] EAUN (2012)

Our range ensures an appropriate lubricant can be chosen based on individual patient need following clinician catheterisation assessment.

1 Reducing the risk of urethral trauma

"The syringe method of introducing lubricant into the urethra ensures dilation is achieved and that the sensitive urothelium is protected with an unbroken film of lubricant, protecting the urethra from trauma."[3] Muctar (1991)

2 Reducing the risk of procedure-related infection

"Approximately 15% of CA-UTIs have been linked to poor aseptic techniques when cleansing the urinary meatus and inserting and maintaining the catheters."[4] Newman (2010)

3 Minimising pain and discomfort during the procedure

"Discomfort will be minimised by using an appropriate sterile, single-use lubricant or anaesthetic gel."[5] NICE (2012)

Provided in a familiar syringe format for urethral and suprapubic application

- Syringe falls easily from its protective tray, supporting an Aseptic Non Touch Technique when preparing a sterile field
- Manufacturing, expiry dates, and LOT numbers, on each syringe's tear-off strip are easy to retain for accurate recording
- Intuitive design, ideally suited for single-handed operation
- Easy-to-prime syringe for precise, controlled application
- Ergonomic design of the tip eliminates the risk of suction or damage to tissue
- Measuring facility on the side of the syringe enables precise application of a controlled volume of jelly
- Outer blister pack is rupture resistant and protects the syringe, even if stored outside original box
- Latex-free and hypoallergenic

2 The European Association of Urology Nurses (2012) Evidence Based Guidelines for Best Practice in Urology Healthcare. Catheterisation, Indwelling Catheters in Adults. Urethral and Suprapubic. Netherlands: The European Association of Urology Nurses

3 Muctar S. (1991) The importance of a lubricant in transurethral interventions. Urologue (B) 31: 153-155

4 Newman D K. (2010) Prevention and Management of Catheter-Associated UTIs. Infectious Disease Special Edition. P13-20. Available at http://www.idse.net/download/UTI_IDSE10_WM.pdf – Accessed 26th February 2015 NICE (2012)

5 National Institute for Health and Care Excellence (2012) Guidance 139. Infection: Prevention and Control of Healthcare-associated Infections in Primary and Community Care. London: National Institute for Health and Care Excellence; Available at www.nice.org.uk.

"The packaging of **OptiLube Active** allows minimal syringe handling, supporting the clinician in maintaining a sterile field to carry out the procedure."[6]

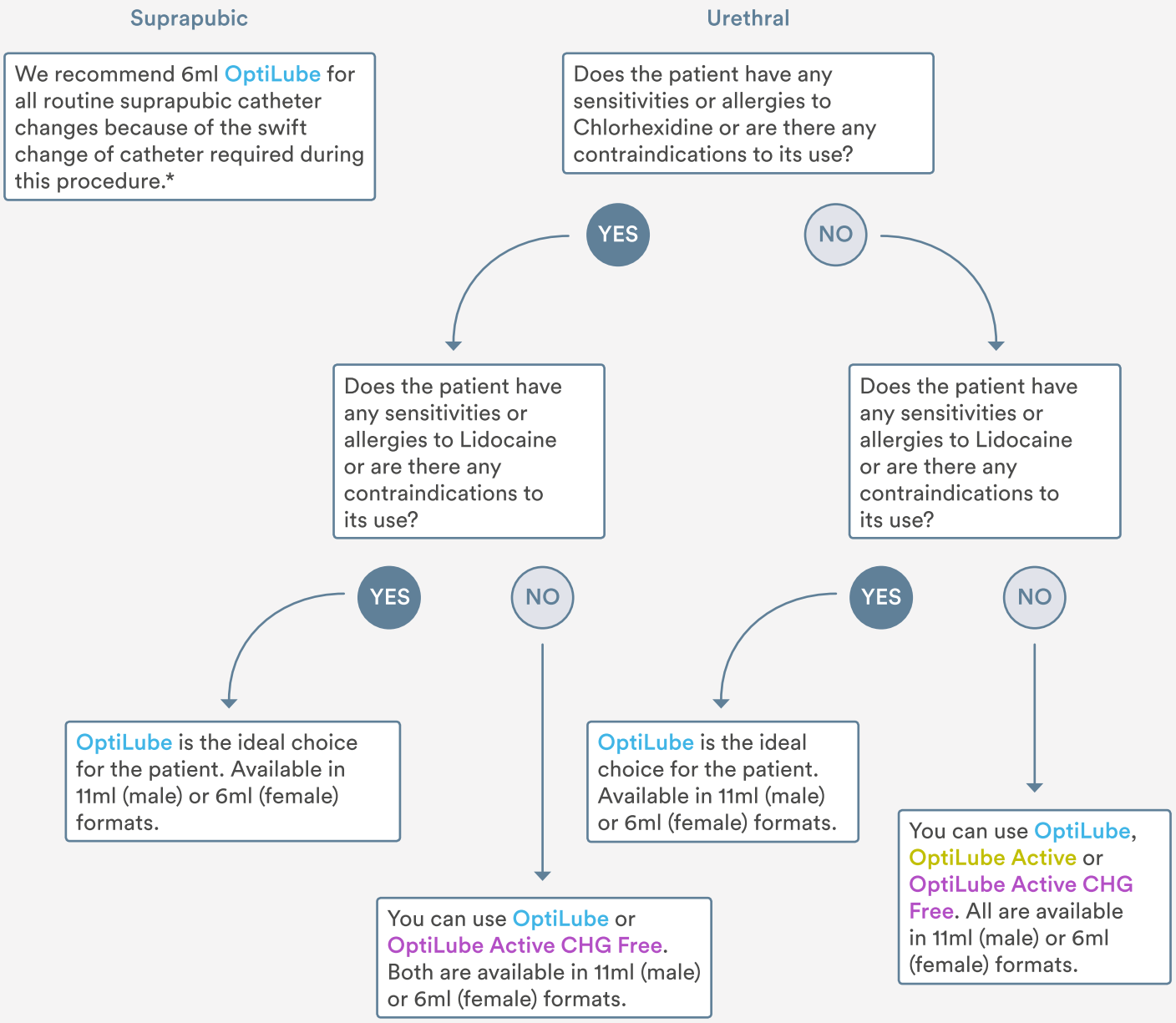
Mangnall (2012)

6 Mangnall J. (2012) Optilube Active. The role of lubricants in urinary catheterisation. British Journal of Community Nursing. Vol 17, No9. Pp 414-420

Making a choice

Which lubricant gel should I choose for effective lubrication during the catheterisation procedure?

This flow chart has been developed to help clinicians make an informed choice about which catheterisation gel is most suitable for the patient. This is a visual guide only, and choice of catheterisation gel should always be in line with local catheterisation procedure policy and based on individual patient assessment.

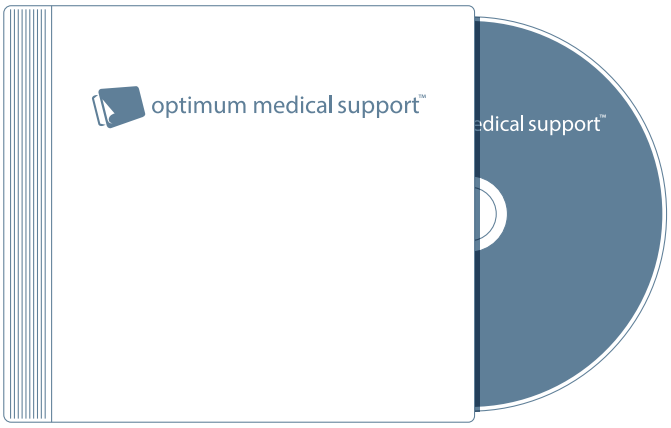


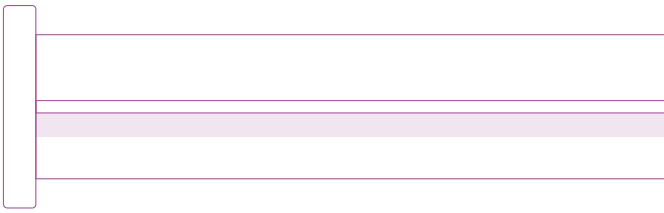
Lubrication In Suprapubic Catheterisation

*Due to the swift change, the anaesthetic properties present in OptiLube Active and OptiLube Active CHG Free would not have time to take effect (it takes 3-5 minutes for the anaesthetic properties to take effect).

optimum medical support™

To help clinicians make the best use of the syringes – making insertion procedures as comfortable as possible – we offer a range of training resources, including female and male catheterisation animations and supporting booklet.





To request a free DVD and supporting booklet, please contact marketing@optimummedical.co.uk

Alternatively you can watch the animations online at www.optimummedicalsupport.co.uk

For more information about the sterile pre-filled syringes and where they can be used, please contact enquiries@optimummedical.co.uk

optimummedical

constantly creating better

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