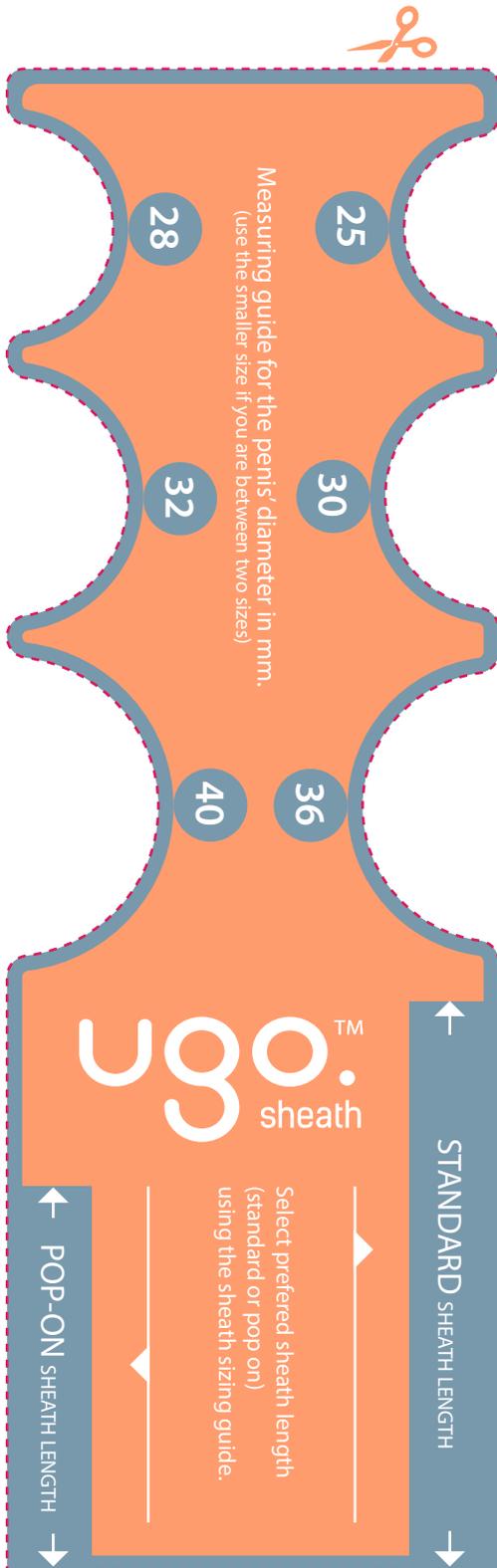


Measuring guide



IMPORTANT: Following a continence assessment and recommendation from a healthcare professional please read our **Ugo Sheath** user guide and IFU for more information prior to measuring and fitting your sheath. This can be downloaded on the **Ugo Sheath** product page on www.optimummedical.co.uk.

This product is available in 6 sizes and 2 lengths. If this is your first time using **Ugo Sheath**, please contact us for assistance with measuring and sizing. Even if you've previously used a urinary sheath from a different manufacturer, it's important you re-measure to ensure you're using the most accurate size



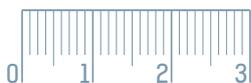
To print the guide:

- 1) Please print this page ensuring your printer is set to print at 100%. You should be able to find this in "Page Sizing & Handling".
- 2) Check your print out is accurate by double-checking with a ruler.



To use the guide:

- 1) Cut the measurement guide to use.
- 2) Select preferred sheath length (standard or pop on) using the sheath sizing guide.
- 3) Measure the penis where its diameter is largest.
- 4) Select the correct size diameter from the chart.
- 5) Opt for the smaller size if you're between two sizes.



← Use a ruler to double-check the accuracy of the print.

